Resources for People with COPD

American Association for Cardiovascular & Pulmonary Rehabilitation
Website: https://www.aacvpr.org/
Click below for resources including fast facts, frequently asked questions and a broad range of links to other organizations' online patient education tools.

Resources: https://www.aacvpr.org/Resources/Resources-for-Patients/Pulmonary-Rehab-Patient-Resources#COPD

Contact information:
Phone: 312/321-5146
Fax: 312/673-6924
Email: aacvpr@aacvpr.org
Address: 330 N. Wabash Avenue Suite 2000 Chicago, IL 60611

American College of Chest Physicians: The CHEST Foundation
Website: http://www.chestnet.org/
The CHEST Foundation creates trusted patient education resources and disease awareness campaigns that empower patients to engage in better managing their health.

Resources:
- “Learn About Chronic Obstructive Pulmonary Disease (COPD)”: https://foundation.chestnet.org/patient-education-resources/copd/

Contact Information:
Phone: (224) 521 – 9527
Email: chestfoundation@chestnet.org
Address: 2595 Patriot Boulevard Glenview, IL 60026

American Lung Association
Website: http://www.lung.org/#
The American Lung Association is committed to supporting those affected by COPD. We offer a variety of resources and information about the disease. Check out some of our key COPD support and education resources featured below.

Resources:

Contact Information:
American Lung Association’s National Office
Phone: 1-800-LUNGUSA or 1-800-548-8252
Email: info@lung.org
Address: 55 W. Wacker Drive, Suite 1150, Chicago, IL 60601

American Thoracic Society
Website: http://www.thoracic.org/
The ATS Patient Information Series and Public Health Information Series now include more than 100 fact sheets on topics in pulmonary/critical care/sleep.

Resources:
- “COPD Today” newsletter:
  http://www.thoracic.org/patients/patient-resources/copd-today.php
- “Chronic Obstructive Pulmonary Disease or COPD” Fact Sheets:
  http://www.thoracic.org/patients/patient-resources/topic-specific/copd.php
• “COPD: A Guide for Patients and Families”:

• *Breathing in America*: “Chapter 5: Chronic Obstructive Pulmonary Disease (COPD)”:

**Contact Information:**
Phone: +1 (212) 315 – 8600
Fax: +1 (212) 315 – 6498
Email: atsinfo@thoracic.org
Address: 25 Broadway New York, NY 10004

**Centers for Disease Control & Prevention (CDC)**
Website: https://www.cdc.gov/copd/index.html

**COPD National Action Plan, Fact Sheets and Resources:**
https://www.cdc.gov/copd/resources.html

**Contact Information:**
Phone: 800-CDC-INFO (800-232-4636), TTY: 888-232-6348
Email: Email CDC-INFO: https://wwwn.cdc.gov/dcs/RequestForm.aspx
Address: 1600 Clifton Road Atlanta, GA 30329-4027 USA

**COPD Foundation**
Website: http://www.copdfoundation.org/
The COPD Foundation’s mission is to prevent and cure Chronic Obstructive Pulmonary Disease and to improve the lives of all people affected by COPD.
Resources:
- “What is COPD?”: https://www.copdfoundation.org/What-is-COPD/Understanding-COPD/What-is-COPD.aspx

Contact Information:
Phone: 1-866-316-COPD (2673)
Email: info@copdfoundation.org
Address: 641 S Street NW Washington, DC 20001

National Emphysema Foundation (NEF)
Website: http://www.emphysemafoundation.org/
The NEF is dedicated to working to reduce the suffering and the toll emphysema is taking on innumerable sufferers in this country and abroad.

Resources:
- “Living with COPD”:
  http://www.emphysemafoundation.org/index.php/living-with-copd

Contact Information:
Phone: (203) 866 – 5000
Email: http://www.emphysemafoundation.org/index.php/about-us/contact-us
Address: National Emphysema Foundation 128 East Avenue Norwalk, CT 06851

National Jewish Medical Research Center
Website: http://www.nationaljewish.org/
Resources:
- COPD: Overview: https://www.nationaljewish.org/conditions/copd-chronic-obstructive-pulmonary-disease/overview
- Additional resources: https://www.nationaljewish.org/conditions/copd-chronic-obstructive-pulmonary-disease/overview/additional-resources

Contact Information:
Phone: (877) 225 – 5654
Email: https://www.nationaljewish.org/patients-visitors/ask-a-question
Address: 1400 Jackson Street Denver, Colorado 80206

National Heart, Lung, and Blood Institute (NHLBI) Health Information Center
Website: https://www.nhlbi.nih.gov/health/health-topics/topics/copd/

Resources:
- “What is COPD?”: https://www.nhlbi.nih.gov/health/health-topics/topics/copd/

Contact Information:
Phone: 301-592-8573
Email: nhlbiinfo@nhlbi.nih.gov
Address: NHLBI Health Information Center P.O. Box 30105 Bethesda, MD 20824-0105: If you are requesting health information, please include a current postal address, daytime telephone number, and valid email address (if available) since resources are available in a variety of formats including printed publications and Web-only downloadable documents.

UMHS COPD Clinical Care Guidelines & Resources:
Clinical Care Guideines Website:
http://www.med.umich.edu/1info/FHP/practiceguides/copd.html
View it on our patient website: http://careguides.med.umich.edu/copd

**US National Library of Medicine**

Consumer Health Information in Many Languages

Website: [http://nnlm.gov/outreach/consumer/multi.html](http://nnlm.gov/outreach/consumer/multi.html)

**Resources for COPD:**

- HealthReach Health Information in Many Languages: “Chronic Obstructive Pulmonary Disease (COPD)”:
  

- Health Information Translations (Search COPD in keyword search box):
  
  [https://www.healthinfotranslations.org/](https://www.healthinfotranslations.org/)

- Health Translations “COPD Information Pack” in English, Arabic, Chinese, Greek and Italian:
  

- U.S. National Library of Medicine Medline Plus “COPD Multiple Languages”:
  
  [https://medlineplus.gov/languages/copd.html](https://medlineplus.gov/languages/copd.html)

Disclaimer: This document contains information and/or instructional materials developed by Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

Handout associated with a Michigan Medicine Clinical Care Guideline

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