

# Resources for People with COPD

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## **American Association for Cardiovascular & Pulmonary Rehabilitation**

Website: <https://www.aacvpr.org/>

Click below for resources including fast facts, frequently asked questions and a broad range of links to other organizations' online patient education tools.

**Resources:** <https://www.aacvpr.org/Resources/Resources-for-Patients/Pulmonary-Rehab-Patient-Resources#COPD>

### **Contact information:**

Phone: 312/321-5146

Fax: 312/673-6924

Email: [aacvpr@aacvpr.org](mailto:aacvpr@aacvpr.org)

Address: 330 N. Wabash Avenue Suite 2000 Chicago, IL 60611

## **American College of Chest Physicians: The CHEST Foundation**

Website: <http://www.chestnet.org/>

The CHEST Foundation creates trusted patient education resources and disease awareness campaigns that empower patients to engage in better managing their health.

### **Resources:**

- “Learn About Chronic Obstructive Pulmonary Disease (COPD)”:  
<https://foundation.chestnet.org/patient-education-resources/copd/>

### **Contact Information:**

Phone: (224) 521 - 9527

Email: [chestfoundation@chestnet.org](mailto:chestfoundation@chestnet.org)

Address: 2595 Patriot Boulevard Glenview, IL 60026

## **American Lung Association**

Website: <http://www.lung.org/#>

The American Lung Association is committed to supporting those affected by COPD. We offer a variety of resources and information about the disease. Check out some of our key COPD support and education resources featured below.

### **Resources:**

- “COPD”: <http://www.lung.org/lung-health-and-diseases/lung-disease-lookup/copd/>

### **Contact Information:**

American Lung Association's National Office

Phone: 1-800-LUNGUSA or 1-800-548-8252

Email: [info@lung.org](mailto:info@lung.org)

Address: 55 W. Wacker Drive, Suite 1150, Chicago, IL 60601

## **American Thoracic Society**

Website: <http://www.thoracic.org/>

The ATS Patient Information Series and Public Health Information Series now include more than 100 fact sheets on topics in pulmonary/critical care/and sleep.

### **Resources:**

- “COPD Today” newsletter:  
<http://www.thoracic.org/patients/patient-resources/copd-today.php>
- “Chronic Obstructive Pulmonary Disease or COPD” Fact Sheets:  
<http://www.thoracic.org/patients/patient-resources/topic-specific/copd.php>

- “COPD: A Guide for Patients and Families”:  
<http://www.thoracic.org/patients/patient-resources/copd-guide-for-patients-and-families.php>
- *Breathing in America*: “Chapter 5: Chronic Obstructive Pulmonary Disease (COPD)”:  
<http://www.thoracic.org/patients/patient-resources/breathing-in-america/resources/chapter-5-chronic-obstructive-pulmonary-disease.pdf>

**Contact Information:**

Phone: +1 (212) 315 - 8600

Fax: +1 (212) 315 - 6498

Email: [atsinfo@thoracic.org](mailto:atsinfo@thoracic.org)

Address: 25 Broadway New York, NY 10004

**Centers for Disease Control & Prevention (CDC)**

Website: <https://www.cdc.gov/copd/index.html>

**COPD National Action Plan, Fact Sheets and Resources:**

<https://www.cdc.gov/copd/resources.html>

**Contact Information:**

Phone: 800-CDC-INFO (800-232-4636), TTY: 888-232-6348

Email: **Email CDC-INFO:** <https://wwwn.cdc.gov/dcs/RequestForm.aspx>

Address: 1600 Clifton Road Atlanta, GA 30329-4027 USA

**COPD Foundation**

Website: <http://www.copdfoundation.org/>

The COPD Foundation’s mission is to prevent and cure Chronic Obstructive Pulmonary Disease and to improve the lives of all people affected by COPD.

**Resources:**

- “What is COPD?”: <https://www.copdfoundation.org/What-is-COPD/Understanding-COPD/What-is-COPD.aspx>
- Educational Materials: <https://www.copdfoundation.org/Learn-More/Educational-Materials/Downloads-Library.aspx>

**Contact Information:**

Phone: 1-866-316-COPD (2673)

Email: [info@copdfoundation.org](mailto:info@copdfoundation.org)

Address: 641 S Street NW Washington, DC 20001

**National Emphysema Foundation (NEF)**

Website: <http://www.emphysemafoundation.org/>

The NEF is dedicated to working to reduce the suffering and the toll emphysema is taking on innumerable sufferers in this country and abroad.

**Resources:**

- “Living with COPD”:  
<http://www.emphysemafoundation.org/index.php/living-with-copd>

**Contact Information:**

Phone: (203) 866 - 5000

Email: <http://www.emphysemafoundation.org/index.php/about-uss/contact-us>

Address: National Emphysema Foundation 128 East Avenue Norwalk, CT 06851

**National Jewish Medical Research Center**

Website: <http://www.nationaljewish.org/>

**Resources:**

- COPD: Overview: <https://www.nationaljewish.org/conditions/copd-chronic-obstructive-pulmonary-disease/overview>
- Additional resources: <https://www.nationaljewish.org/conditions/copd-chronic-obstructive-pulmonary-disease/overview/additional-resources>

**Contact Information:**

Phone: (877) 225 - 5654

Email: <https://www.nationaljewish.org/patients-visitors/ask-a-question>

Address: 1400 Jackson Street Denver, Colorado 80206

**National Heart, Lung, and Blood Institute (NHLBI) Health Information Center**

Website: <https://www.nhlbi.nih.gov/health/health-topics/topics/copd/>

**Resources:**

- “What is COPD?”: <https://www.nhlbi.nih.gov/health/health-topics/topics/copd/>

**Contact Information:**

Phone: 301-592-8573

Email: [nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov)

Address: NHLBI Health Information Center P.O. Box 30105 Bethesda, MD 20824-0105: If you are requesting health information, please include a current postal address, daytime telephone number, and valid email address (if available) since resources are available in a variety of formats including printed publications and Web-only downloadable documents.

**UMHS COPD Clinical Care Guidelines & Resources:**

Clinical Care Guidelines Website:

<http://www.med.umich.edu/1info/FHP/practiceguides/copd.html>

Michigan Medicine Clinical Care Guidelines  
Resources for People with COPD

View it on our patient website: <http://careguides.med.umich.edu/copd>

## US National Library of Medicine

Consumer Health Information in Many Languages

Website: <http://nlm.gov/outreach/consumer/multi.html>

### Resources for COPD:

- HealthReach Health Information in Many Languages: “Chronic Obstructive Pulmonary Disease (COPD)”:  
<https://healthreach.nlm.nih.gov/document/556/Chronic-Obstructive-Pulmonary-Disease-COPD>
- Health Information Translations (Search COPD in keyword search box):  
<https://www.healthinfotranslations.org/>
- Health Translations “COPD Information Pack” in English, Arabic, Chinese, Greek and Italian:  
[http://www.healthtranslations.vic.gov.au/bhcv2/bhcht.nsf/PresentDetail?Open&s=COPD\\_Information\\_Pack](http://www.healthtranslations.vic.gov.au/bhcv2/bhcht.nsf/PresentDetail?Open&s=COPD_Information_Pack)
- U.S. National Library of Medicine Medline Plus “COPD Multiple Languages”:  
<https://medlineplus.gov/languages/copd.html>

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Handout associated with a Michigan Medicine Clinical Care Guideline

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