2015 Current Trends in Alzheimer’s Research, Care and The Year Ahead

Time: 9:00 AM - 11:00 AM
Location: Atria Park Ann Arbor
1901 Plymouth Road, Ann Arbor, MI
(734) 741-9500

This workshop will review current findings and trends in research with a focus on practices that enhance quality of life for people with Alzheimer’s and dementia. Specific topics include research efforts to create a therapeutic environment for people with dementia; including music therapy, meaningful activities and engagement.

Speaker: David Troxel, M.P.H., co-author of 5 books, including The Best Friends Approach to Alzheimer’s Care and author of many articles relating to Alzheimer’s disease care. Former executive director of the Santa Barbara Alzheimer’s Association and past executive board member of the American Public Health Association and past member of the Ethics Advisory Panel for the U.S. National Alzheimer’s Association.

ACE and GRACE: Recent Developments in Geriatric Healthcare

Time: 1:00 PM - 2:30 PM
Location: Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9338

Two UM geriatric physicians discuss local cutting edge inpatient and outpatient Geriatrics Services.

- UM-SJMH acute Care for Elders (ACE) Unit: update on efforts to improve care for hospitalized patients.
- Geriatric Resources for Assessment and Care of Elders (GRACE) Unit: A team approach to home care that ensures continuity and coordination of care with your Primary Care Physician.

Speakers: Karen Hall, M.D., Clinical Professor Internal Medicine, Division of Geriatric and Palliative Medicine, University of Michigan; Medical Director, UM-SJMH Acute Care for Elders Units, St. Joseph Mercy Hospital Ann Arbor; Research Scientists, GRECC, Ann Arbor VA Healthcare System.

Lourdez Velez, M.D., Assistant Professor of Family Medicine, Medical School, University of Michigan; Medical Director, MVN/House Calls and GRACE.

Workshop Registration
Registration is encouraged for all Workshops as seating is limited at many locations. REGISTER EARLY.

Thank You Senior Living Week Workshop Sponsors
UM Geriatrics Center and Silver Maples Retirement Neighborhood for your support!

Thank You Senior Living Week Event Sponsor Care Response Home Care!
Workshops — Monday, May 11

Finding Humor and Grace in the Caregiver Sandwich

Time: 3:00 PM - 4:30 PM
Location: Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9338

Whether you are a caregiver for a loved one or you work for an organization that serves or employs caregivers, Breeda Miller’s humorous and heartfelt program provides respite from the exhausting work of caregiving and creates an environment of support. The Sandwich generation is caught between caring for elderly parents, children still at home, and demanding careers; the stress can be overwhelming. The importance of dignity for those in our care as well as the vital message of self care are essential to helping caregivers maintain balance.

Speaker: Breeda Miller, Assistant Director, Events, Offices of Medical Development, UMHS, Caregiver

Aging and Spirituality

Time: 5:00 PM - 6:00 PM
Location: Turner Senior Resource Center
2401 Plymouth Road, Suite C, Ann Arbor, MI
(734) 998-9338

Twenty years ago Susan H. McFadden, Associate Professor of Psychology at the University of Wisconsin wrote, “…until recently, gerontologists failed to appreciate the ways spiritual yearnings and religious beliefs and practices shape the pathways many older persons traverse through later life...At the same time...persons working in religious settings are beginning to attend to the special needs and specific situations of older persons.”

Today the landscape of spiritual and religious research and practice reveals an ever changing understanding of life’s meaning, particularly among older adults who live with the possibilities of longer life and physical / psychological compromise. Together we’ll address the impact (or not) of spiritual / religious beliefs and practice on the well being of seniors in our community. This session will be interactive.

Speaker: Diane Smith, M.Div., BCC, Chaplain, The Residence of Arbor Hospice

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