

Adult Hospitals (UH/CVC) Dysphagia Level 6 Menu

Asterisks () indicates food item is available 6:30 a.m.- 10:30 p.m.*

Entrée (Available 6:30 a.m. – 9:00 p.m.)

Scramble Eggs <i>Regular or Eggbeaters</i>	Penne Pasta with Meat Sauce
Minced Vegetable Lentil Stew	Minced Meatloaf with Brown Gravy
Minced Chicken Fried Rice	Minced Chicken Noodle Casserole
Minced Savory Beef with Potatoes	Minced Cod and Creamy Potatoes
Minced Turkey with Chicken Gravy	*Pureed Pancake
*Home-style Macaroni and Cheese	*Pureed Shaped Chicken
*Unsalted Egg Salad	*Pureed Shaped Beef

Consommé and Homemade Soups (Available 6:30 a.m. – 9:00 p.m.)

*Vegetable Consommé	*Unsalted Chicken Consommé	
*Cream of Tomato Soup	Chicken Consommé	Beef Bouillon

Side Options (Available 6:30 a.m. – 10:00 p.m.)

Pureed Vegetable: <i>Broccoli, Corn, Peas</i>	Cottage Cheese
Pureed Fruit: <i>Pears, Peaches, Pineapple</i>	Applesauce Banana
Oatmeal Cream of Wheat	Hummus
Banana Popsicles Lemon Ice	Vanilla Yogurt
Popsicles <i>Regular or Sugar Free</i>	Butter Pecan Magic Cup
Mighty Shake <i>Vanilla or Chocolate</i>	Pudding <i>Vanilla or Chocolate</i>
Ice Cream <i>Vanilla or Chocolate</i>	Sherbet <i>Orange or Raspberry</i>
Regular Jello <i>Orange and Strawberry</i>	
Sugar Free Jello <i>Orange or Strawberry Banana</i>	
Milkshakes <i>Vanilla, Chocolate, Strawberry, or Cappuccino</i>	

Available 6:30 a.m.-9:00 p.m.

Mashed Potato **Chicken Gravy**
Brown Gravy (Available 11:00 a.m. – 9:00 p.m.)

HOURS OF OPERATION: 6:30AM-9:00PM
AFTER HOURS: 9:00PM-10:30PM

All Menu Items Are Trans Fat Free!

Please Remember to Request Condiments When Ordering

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Beverages (Available 6:30 a.m. – 10:30 p.m.)

Coffee *Regular or Decaf* **Bigelow® Cranberry Apple Tea**
 Lipton® Tea *Regular or Decaf* **Bigelow® Green Tea**
 Hot Chocolate *No sugar added* **Unsweetened Iced Tea**
 Juice *Orange, Apple, Cranberry, White Grape, Tomato, Prune*
 Milk *Skim, 2%, Whole, Vanilla Soy, Lactose Free, Low-fat Chocolate*
 Flavored Water *Berry, Tropical, or Strawberry Kiwi*
 Bottled Water

Thickened Beverages (*Mildly Thick or Moderately Thick*)

Apple Juice Orange Juice
 Dairy Decaf Coffee

Condiments (Available 6:30 a.m. – 10:30 p.m.)

Salt	Pepper	McCormick® Seasoning	
Sugar	Splenda®	Coffee Creamer	Tartar Sauce
Honey	Cinnamon Sugar	Lemon Juice Packet	Lemon Wedge
Brown Sugar	Cream Cheese <i>Lite, Strawberry or Onion and Chive</i>		
Grape Jelly	Strawberry Jam	Syrup <i>Regular or Sugar-Free</i>	
Ketchup	Mustard	Light Mayonnaise	
Margarine	BBQ Sauce	Parmesan Cheese	
Hot Sauce	Sour Cream		

OUR PROMISE: *To graciously serve healthy, freshly prepared meals within 60 minutes of your order.*

ADDITIONAL CONTACT INFORMATION: To place your order, call **3-8080**

For questions regarding your service, call 6-1447
 To speak with a Food Service Manager, call 6-4155

Items below are available at patient's floor after hours. Please speak with your nurse if you need assistance.

Chocolate Pudding	Applesauce	2% milk
Vegetable Consommé	Chicken Consommé	Vanilla Yogurt
Sugar Free Jello <i>Orange or Strawberry Banana</i>		

Last Revised August 27, 2021

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