

## Adult Hospitals (UH/CVC) Dysphagia Level 5 Menu

Entrée (Available 6:30 a.m. – 9:00 p.m.)

Minced Savory Beef with Potatoes    Minced Vegetable Lentil Stew  
Minced Turkey with Chicken Gravy    Minced Chicken Noodle Casserole  
Minced Cod and Creamy Potatoes

Available 6:30 a.m.-10:30 p.m.

Pureed Pancake    Pureed Shaped Chicken    Pureed Shaped Beef

Consommé and Homemade Soups (Available 6:30 a.m. – 9:00 p.m.)

Chicken Consommé    Beef Bouillon

Available 6:30 a.m.-10:30 p.m.

Vegetable Consommé    Unsalted Chicken Consommé  
Cream of Tomato Soup

Side Options (Available 6:30 a.m. – 10:00 p.m.)

Pureed Broccoli	Pureed Pears	Cream of Wheat
Pureed Corn	Pureed Peaches	Applesauce
Pureed Peas	Pureed Pineapple	Cottage Cheese
Banana Popsicles	Lemon Ice	Vanilla Yogurt
Popsicles Regular or Sugar Free		Hummus
Mighty Shake Vanilla or Chocolate		Pudding Vanilla or Chocolate
Ice Cream Vanilla or Chocolate		Sherbet Orange or Raspberry
Regular Jello Orange and Strawberry		Butter Pecan Magic Cup
Sugar Free Jello Orange or Strawberry Banana		
Milkshakes Vanilla, Chocolate, Strawberry, or Cappuccino		

Available 6:30 a.m.-9:00 p.m.

Mashed Potato    Chicken Gravy  
Brown Gravy (Available 11:00 a.m. – 9:00 p.m.)

All Menu Items Are Trans Fat Free!

Please Remember to Request Condiments When Ordering

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Ice Cream Vanilla or Chocolate		Sherbet Orange or Raspberry
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**Beverages** (Available 6:30 a.m. – 10:30 p.m.)

Coffee <i>Regular or Decaf</i>	Bigelow® Cranberry Apple Tea
Lipton® Tea <i>Regular or Decaf</i>	Bigelow® Green Tea
Hot Chocolate <i>No sugar added</i>	Unsweetened Iced Tea
Juice <i>Orange, Apple, Cranberry, White Grape, Tomato, Prune</i>	
Milk <i>Skim, 2%, Whole, Vanilla Soy, Lactose Free, Low-fat Chocolate</i>	
Flavored Water <i>Berry, Tropical, or Strawberry Kiwi</i>	
Bottled Water	

**Thickened Beverages** (*Mildly Thick or Moderately Thick*)

Apple Juice	Orange Juice
Dairy	Decaf Coffee

**Condiments** (Available 6:30 a.m. – 10:30 p.m.)

Salt	Pepper	McCormick® Seasoning
Sugar	Splenda®	Coffee Creamer
Honey	Lemon Juice Packet	Cinnamon Sugar
Brown Sugar	Lite Cream Cheese	Strawberry Cream Cheese
Ketchup	Mustard	Syrup <i>Regular or Sugar-Free</i>
Margarine	Grape Jelly	Light Mayonnaise
Hot Sauce	BBQ Sauce	Sour Cream

**OUR PROMISE:** *To graciously serve healthy, freshly prepared meals within 60 minutes of your order.*

**ADDITIONAL CONTACT INFORMATION:** To place your order, call **3-8080**

For questions regarding your service, call 6-1447

To speak with a Food Service Manager, call 6-4155

*Items below are available at patient's floor after hours. Please speak with your nurse if you need assistance.*

Chocolate Pudding	Applesauce	2% milk
Vegetable Consommé	Chicken Consommé	Vanilla Yogurt
Sugar Free Jello <i>Orange or Strawberry Banana</i>		

**HOURS OF OPERATION:** 6:30AM-9:00PM  
**AFTER HOURS:** 9:00PM-10:30PM

Last Revised August 27, 2021

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