

**Breakfast (Available 6:30 a.m. – 11 a.m.)**

- **Build Your Own Omelet** Prepared with Regular or Eggbeaters. **Choose from:** Cheddar, Swiss, American, Diced Tomato
- Pancakes
- Mini Waffles
- Hard Cooked Egg Served Chilled
- French Toast
- Fruit Compote
- Breakfast Potatoes
- Scrambled Eggs Regular or Eggbeaters

**Available All Day (6:30 a.m. – 7:30 pm)**

**Yogurt/Cottage Cheese:** Vanilla Yogurt, Mixed Berry Yogurt, Strawberry Yogurt, Blueberry Yogurt, Greek Strawberry Yogurt, Strawberry Gogurt®, Cottage Cheese

**Cereal/Pastry:** Cream of Wheat, Oatmeal, Blueberry Muffin

**Fruit:** Pureed Pears, Pureed Pineapple, Pureed Peaches, Applesauce, Banana, Mandarin Oranges, Sliced Peaches

**Entrées**

- Shaped Pancake Puree
- Minced Chicken Noodle Casserole
- Minced Vegetable Lentil Stew
- Shaped Chicken Puree
- Minced Cod and Creamy Potatoes
- Meatloaf with Brown Gravy
- Shaped Beef Puree
- Minced Savory Beef with Potatoes
- Minced Chicken Fried Rice
- Evol® GF Bacon Mac & Cheese

**Baby Foods**

Rice Cereal	Oatmeal	Beef
Green Beans	Applesauce	Chicken
Peaches	Pears	Squash
Bananas	Sweet Potato	Carrots

**Lunch/Dinner (Available 10:30 a.m. – 7:30 p.m.)**

**Entrées**

- Minced Turkey with Chicken Gravy
- Macaroni and Cheese
- Shell Pasta with Meat Sauce
- Potato Encrusted Cod
- Baked Cod
- Cheese Quesadilla

- Spaghetti with choice of Marinara or Meat Sauce
- Peanut Butter and Jelly Sandwich
- Italian Meat Lasagna
- Evol® Plant-Based Veggie Burrito Bowl w/ sweet potatoes, black beans, peppers, & onions, served over rice cauliflower, tomatillo verde sauce

**Sides**

**Soup:** Cream of Tomato, Chicken Noodle, Chicken Consommé, Beef Broth

**Hot Sides:** Pureed Peas, Pureed Broccoli, Pureed Corn, Peas and Carrots, White Rice, Baked Potato, Mashed Potato- available with Chicken Gravy, Mac & Cheese, Spaghetti-available with Marinara or Meat Sauce,

**Desserts**

**Sherbet** *Orange or Raspberry*

**Ice Cream** *Vanilla or Chocolate*

**Popsicles** *Regular or Sugar Free*

**Lemon Ice**

**Strawberry Oatmeal Bar**

**Regular Jello** *Orange or Strawberry*

**Milkshake** *Vanilla or Chocolate*

**Butter Pecan Magic Cup**

**Sugar Free Jello** *Orange or Straw-Banana*

**Pudding** *Vanilla or Chocolate*

**Patriotic Popsicle**

**Chocolate Layer Cake**

**Beverages**

**Juice:** *Apple, Orange, Cranberry, White Grape, Prune, Tomato*

**Milk:** *Skim, 2%, Whole, Chocolate, Silk® Vanilla Soy, Lactose Free*

**Bottled Water**

**Bigelow® Green Tea**

**Iced Tea** *Unsweetened*

**Hot Chocolate** *No Sugar Added*

**Coffee** *Regular or Decaf*

**Lipton® Tea** *Regular or Decaf*

**Thickened Beverages**

**Apple Juice** *(Mildly or Moderately Thick)*

**Orange Juice** *(Mildly or Moderately Thick)*

**Dairy Thick** *(Mildly or Moderately Thick)*

**Condiments**

**Salt**  
**Syrup**  
**Brown Sugar**  
**Splenda**  
**Honey Mustard**  
**Light Soy Sauce**

**Sugar**  
**Pepper**  
**Sour Cream**  
**Mayo**  
**Lemon Wedge**  
**Strawberry Jam**

**Coffee Creamer**  
**Splenda®**  
**Hot Sauce**  
**Mustard**  
**Lite Mayo**  
**Tartar Sauce**

**Butter**  
**Honey**  
**Hummus**  
**Sugar Free Syrup**  
**Parmesan Cheese**  
**Peanut Butter**

**Margarine**  
**Ketchup**  
**BBQ Sauce**  
**Grape Jelly**  
**Ranch Dressing**

Revised September 13, 2021

**OUR PROMISE:** *To graciously serve healthy, freshly prepared meals within 45 minutes of your order.*

**Tray Standards:**

**Patient Meals:** *One (1) Entree, Four (4) Additional items from Soup and Sides, Snacks, Fruit, Yogurt, Pastry, Cereal, and Desserts, and Two (2) Beverages*

**Guest Trays:** *One (1) Entree, Three (3) Additional items from Soup and Sides, Snacks, Fruit, Yogurt, Pastry, Cereal, and Desserts, and Two (2) Beverages*

*Guest trays are \$5.00 until 10:30 a.m., and \$8.00 after 10:30 a.m.*

*Guest tray fees are charged directly to the patient's hospital account; please note that most insurance companies do not cover this cost.*

*To speak with a food service manager, call 32525 or (734) 763-2525 from an outside line*