

# University of Michigan Weight Management Program

HUM00030088

Please circle the option that is the best explanation for why you chose medical management instead of surgery:

1. I prefer to manage my weight by making changes to my lifestyle
2. Surgery has been considered but medical management is being pursued first
3. I have no interest in surgery given personal concerns about risk
4. Surgery is rejected due to friends'/family members' experience(s)
5. I was not a candidate for surgery based on my weight
6. I was not a candidate for surgery based on other mental/physical health conditions
7. Other: \_\_\_\_\_