



**University of Michigan  
Health System**

Thank you for interest in the University of Michigan Weight Management Program.

We are pleased to offer a personalized program which is staffed by physicians, a nutritionist, and other health professionals with a longstanding interest in the science of obesity.

We will evaluate your lifestyle, physical activity patterns, and eating habits and assess other conditions that may limit your ability to lose weight. As part of this evaluation, we offer you the opportunity to participate in our research component.

The research component is completely **VOLUNTARY**. If you decide not to participate in research, your clinical care will not be affected. Part of the evaluation will provide us with scientific information on your metabolism, psychology, and other aspects of your biology so that we can provide you with the appropriate tools to lose weight and, more importantly, to maintain a healthier weight. These studies will be performed at no cost to you.

The University of Michigan Hospital and Health Systems are dedicated to patient care as well as developing new knowledge.

We look forward to working with you. Please let us know if you have any questions.

Our contact information is the following:

To discuss the research component, please contact our research associate at:  
734-232-3587 or [WMPconnection@med.umich.edu](mailto:WMPconnection@med.umich.edu)

To make an appointment: 734-647-5871.

Sincerely,

Amy E. Rothberg, MD, PhD

Andrew T. Kraftson, MD

Nevin Aljuni, MD

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Catherine Nay, MEd, RD, CHES