

# Preparing for Your Video Visit

#### To participate in a video visit you will need:

- A smartphone or tablet (not a computer)
- An active MyUofMHealth Patient Portal account
- The MyUofMHealth mobile app downloaded on your smartphone or tablet
- A strong wireless or cellular data connection
- To be in the state of Michigan at the time of the appointment.

Patients under 18 or adult patients with diminished mental capacity: A parent/full legal guardian will need proxy access to the patient's MyUofMHealth Patient Portal account, or the patient may need an independent account in order to access a video visit. The patient must be physically present for the video visit.

Questions can be directed to your clinic or by contacting (734) 615-0872 or HIM-PatientPortal@med.umich.edu.

# Some preparation and set-up is required before your appointment.

After scheduling appointment	<ul> <li>Download the MyUofMHealth mobile app to your smartphone or tablet.</li> <li>Download all mobile app updates.</li> <li>Turn on notifications from MyUofMHealth.org to receive appointment reminders. This option in only available on the website.</li> </ul>
Roughly one week in advance	<ul> <li>Choose a location that is safe, comfortable, private and well lit for your video visit.</li> <li>Test your app connection in that location before your appointment. <ul> <li>Log in to the MyUofMHealth mobile app on your smartphone or tablet.</li> <li>If you are using the MyChart app, or using the MyUofMHealth app on an Android device, you may not be able to test the video connection.</li> <li>If the app requests access to your camera or microphone, tap "OK."</li> <li>Select the "Appointments" icon and then your appointment.</li> </ul> </li> <li>Select "Test video." When you are prompted that the camera and microphone are OK, log off.</li> </ul> Failure to test your connection where you plan to have your video visit may mean you cannot connect for your appointment.



Start your video visit (15–30 minutes before scheduled appointment)

- Go to the location where you tested your connection for the video visit.
- Log in to the MyUofMHealth mobile app on your smartphone or tablet.
   Do not use a computer or your mobile device's internet browser.
- Select your appointment.
- Follow the steps to complete eCheck-in and select "Begin visit."
- You will be placed in a virtual waiting room where you will see your image and a partial blank screen that confirms that you are waiting for your provider. Please wait for your provider to connect.
- To end your video visit, select the red phone button.

Do not operate a vehicle during your video visit.

# Tips for a successful video visit:

- Video visits need to be done via the MyUofMHealth mobile app on a smartphone or tablet — not on a computer or internet browser.
- Download all MyUofMHealth mobile app updates.
- Turn on notifications from your MyUofMHealth Patient Portal account to receive appointment reminders.
- Make sure your smartphone or tablet is **charged** and you have a strong wireless internet or cellular data connection.
- Turn up the **volume** and make sure the camera, microphone and speakers are not blocked by your hand or phone case.
- Turn off other apps so there is no interference.
- Some networks (especially business wireless networks) may block video visit access even if there is a good wireless connection.
- If your **provider is running behind schedule**, you may need to wait for them to join the video visit. Do not log out of the video visit. Call your clinic if the wait becomes unusually long.
- If you **accidentally hang up during the call**, you will be able to get back into the visit by taking the same steps you took to first enter the visit.

# Who do I contact if I have questions or need to reschedule?

If you have questions or concerns about your appointment, or need to reschedule, call the clinic number listed on your appointment itinerary.

# What if I am experiencing a technical issue with my video visit?

If you experience a technical issue, please email **HIM-PatientPortal@ med.umich.edu** or call **(734) 615-0872.** Please also review "Tips for a successful video visit."

# Where can I learn more about video visits?

For more information visit www.uofmhealth.org/virtualcare