

INFLAMMATORY BOWEL DISEASE (IBD)

Clinical Trials

New approaches to treating inpatient severe ulcerative colitis

We are lowering the colectomy rate in acute severe UC by 70% with new protocols and inpatient clinical trials.

- Please refer acute severe UC (>6 BM/day, elevated CRP > ULN, blood in more than half of BMs) **early** (before 24 hours on IV steroids).
- Call the Transfer center at 800-962-3555 and request a *priority transfer* to GI, and refer to Dr. Jeffrey Berinstein.

New approaches to outpatient Crohn's with stricture

We have new non-surgical treatments for strictures.

- Assessment with a photoacoustic catheter to determine the composition of the stricture wall – measuring inflammation, scar, and muscle – to help clinical decision-making.
- A clinical trial of a new oral tablet ALK5 inhibitor to reverse strictures.
- Needleknife and stenting for 8 weeks for fibrotic strictures that don't respond to the trial drug.
- All require small bowel strictures (usually terminal ileum within reach of a scope). Patients continue their usual anti-inflammatory medications.
- Refer patients by emailing higginsSCteam@umich.edu

New approaches to outpatient Crohn's with inflammation

- Anti-TL1A clinical trial. Must have active inflammation, have failed at least one advanced therapy (biologic or JAK).
- Refer patients by emailing higginsSCteam@umich.edu

New approaches to outpatient ulcerative colitis with inflammation

- Anti-TL1A clinical trial. Must have active inflammation, have failed at least one advanced therapy (biologic or JAK).
- Broccoli derivative (oral, reduces inflammation) for mild UC with Fecal calprotectin between 50-500. Patients can stay on current medications.
- Refer patients by emailing higginsSCteam@umich.edu

Transfer/Refer a Patient

To transfer (or refer) a patient for participation in one of these studies:

- Inpatient severe UC – call the Transfer Center at **800-962-3555** requesting a *priority transfer* to GI, and refer to Dr. Jeffrey Berinstein.
- Outpatient trials – refer patients via email: higginsSCteam@umich.edu

Physician Consultation:

M-LINE 800-962-3555 or visit UofMHealth.org/IBD