

**Background**

The music therapy program at University of Michigan Health C.S. Mott Children's Hospital is within the Child and Family Life Department. Our department as a whole is dedicated to decreasing the pain and anxiety associated with hospitalization, while enhancing the overall experience of our patients and families. Specifically, the music therapy team provides a broad and wide range of intentional music therapy services and interventions within the physical, cognitive, social and emotional domains to assist patients and families in their hospitalization journey.

**Fellowship Description:**

The music therapy fellowship offers 2 years of experience to a music therapist with interest in gaining experience within a pediatric hospital. The fellow will have experience piloting a music therapy program within our Stepping Stones Pediatric Palliative Care team, working with patients in both the inpatient and outpatient setting, with a variety of acute and chronic illnesses. The fellow will collaborate with the music therapy team to grow awareness of the music therapy program as a whole. In addition, the fellow will hold responsibilities in Sophie's Place, a dedicated music therapy space, opening in 2022.

The music therapy fellowship is designed to provide experience to the profession, including an in depth orientation period, monthly supervision from experienced music therapists, and an educational stipend. The music therapy fellow will be encouraged to utilize additional supervision under the recommendations of the supervisor. Experience will be gained in the competitive pediatric setting, as University of Michigan Health C.S. Mott Children's Hospital is consistently rated amongst the top children's hospitals in the nation, according to *U.S. News & World Report*. The fellow will manage a designated caseload with patients from multiple units, learn about and contribute to program development, have the opportunity to co-treat with members of the interdisciplinary team, and benefit from resources dedicated to his/her professional growth and education.

**General Summary of Position:**

The music therapy fellow will provide music therapy services to pediatric patients of various ages, abilities, diagnosis, prognosis and cultural backgrounds. The music therapy program acts as part of the Child and Family Life Department, educates staff on the availability and benefits of music therapy services, understands the physical, emotional, cognitive, and social needs of children, adolescents and their families, and integrates this knowledge into treatment planning and delivery of services. The music therapy fellow will adhere to the goals and mission of University of Michigan Health C.S. Mott Children's Hospital and the Child and Family Life Department.

**Program Details:**

The fellowship is a part-time (24 hours per week), 2-year position. The fellow will be provided opportunities for program development throughout the fellowship. The fellowship position is a brand-new music therapy position a part of the Stepping Stones Pediatric Palliative Care team.

Clinical training, supervision, and resources for professional growth are included with the fellowship experience through an educational stipend and free seminars offered through University of Michigan Health.

**Additional program details below:**

- The fellowship provides a salary stipend for a part-time (24 hours per week), 24-month (2 year) placement. Hands on clinical experience, training, education, and supervision are provided as part of the fellowship experience.
- The music therapy fellow will have responsibility for providing music therapy services to certain in-patient units as identified with and by the Stepping Stones Palliative Care team, in addition to opportunities to facilitate group and individual sessions both bedside and in Sophie's Place. Clinical work will focus on the needs of pediatric patients and families specific to the assessment, evaluation, and treatment plan created by the music therapy fellow.
- The 24-hour work week will include:
  - Weekly music therapy coverage: Monday, Wednesday, Friday 8:30a-5p
    - The fellow may be asked to cover various holidays/weekends as needed
  - 19 hours clinical/direct work with patients
  - 1 hour of treatment planning/attendance for psychosocial rounds
  - 1-hour education or seminar attendance
  - 1-hour staff meeting or various committee meeting attendance
  - 1 hour of program development work
  - Monthly supervision
- Clinical areas served by the Stepping Stones Palliative care team and the music therapy team are listed below. The music therapy fellow may assist in coverage in all of these areas (but are not limited to these areas).
  - Outpatient radiology and surgery
  - Hematology/Oncology in-patient and out-patient units
  - Neonatal Intensive Care Unit (NICU)
  - Pediatric Intensive Care Unit (PICU)
  - Pediatric Cardiothoracic Intensive Care Unit (PCTU)
  - Pediatric Dialysis
  - Cardiology inpatient and outpatient units
  - Rehabilitation Units
  - Outpatient pediatric settings
  - General pediatric care units
- Skills that are developed and focused on during the fellowship include:
  - Documentation/Use of electronic medical record system

- Music and technology skills
- Assessment, treatment planning, evaluation skills
- Integration into a diverse and multidisciplinary treatment team
- Communication skills
- Advocacy and program development for music therapy
- Professional presentation skills
- Application of diversity, equity and inclusion into clinical and professional work

**Requirements:**

- Applicants must have completed a Bachelor's or Master's degree in Music Therapy from an accredited university.
- Applicants must have completed a clinical internship from an approved national roster internship site or a university/college affiliated internship site.
- Applicants must have passed the board certification exam and have received the MT-BC credential.
  - Note: Music therapy interns who have not yet taken the board-certification exam may apply and the MT-BC credential must be obtained within 6 months to 1 year of hire date. Maintaining the position will be contingent upon successfully passing the board-certification exam.
- Proficiency on voice, guitar, and piano.

**Preferred experience, but not required:**

- NICU MT certification, or interest in obtaining certification, strongly preferred.
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- Internship or other experience in the pediatric hospital setting.
- Experience completing the heartbeat recording intervention.
- Experience with recording and music technology.
- Experience providing procedural support.
- Experience with patient and family centered care philosophy.
- Experience with bereavement support.
- Experience with music for pain management techniques.
- Proficiency on drum set, ukulele, electric bass guitar, and hand drums.

**Stipend and Benefits:**

- Monthly stipend
- Medical insurance eligibility
- Education opportunities provided by University of Michigan Health
- Conference funding at the approval discretion of the music therapy manager and director of Child and Family Life
- 9 days off per year (inclusive of vacation and sick time)

**Deadline**

**Application due date is Monday, February 14<sup>th</sup>, with an anticipated start date for as soon as possible after completion of interview process, successful hire, and successful orientation screening/process.**

For more information or additional questions, please contact Meredith Irvine, MHA, MT-BC, NICU MT at 734.232.7268 or [mschlabi@med.umich.edu](mailto:mschlabi@med.umich.edu)