

# PARKINSON'S MOVEMENT & DANCE WITH MEGAN SIMS

Six-week class designed for those with PD. Explore music and movement. No experience needed. Care partners are welcome!

## 6-WEEK SESSION

Wednesdays - March 3, 10, 17, 24, 31, and April 7 | 10:30am-11:30am

*\$30 suggested donation for those who can afford it.*



**TO REGISTER, VISIT:**

**[michmed.org/tswp](https://michmed.org/tswp) and click on  
View Events and Register**

**QUESTIONS?**

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