Venous Disease

INFORMATION GUIDE

Other names:

- Varicose Veins
- Reticular Veins
- Chronic Venous Insufficiency (CVI)
- Spider Veins
- Thrombophlebitis
- Deep Vein Thrombosis (DVT)
- Pulmonary Embolism (PE)
- Venous Thromboembolism
- May-Thurner Syndrome
- Inferior Vena Cava Abnormalities

Treatment names:

- Sclerotherapy
- Open Phlebectomy
- Venous Ablation
- Powered (TRIVEX) Phlebectomy
- Thrombolysis
- Perforator Treatment

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at http://www.umcvc.org/mardigian-wellness-resource-center
and online Information guides at http://infoguides.med.umich.edu/home

Michigan Medicine Resources

- Michigan Medicine Vascular and Interventional Radiology
Vascular and interventional radiology is a cutting-edge medical specialty that encompasses image-guided minimally invasive procedures which minimize hospital stays and patient recovery time.

- **Michigan Medicine Venous Disease**
  
  [https://www.umcvc.org/conditions-treatments/venous-disease](https://www.umcvc.org/conditions-treatments/venous-disease)
  Provides information about specific vascular conditions and treatments.

- **Tobacco Consultation Service**
  Group and individual quit-smoking programs.
  For more information access: 
  [http://hr.umich.edu/mhealthy/programs/tobacco/](http://hr.umich.edu/mhealthy/programs/tobacco/) or call (734) 998-6222 or email quitsmoking@med.umich.edu

**Brochures, Fact Sheets**

- **Michigan Medicine: Vascular Surgery Care Guides from Your Clinician Page**
  [http://careguides.med.umich.edu/vascular-surgery](http://careguides.med.umich.edu/vascular-surgery)
  Many Michigan Medicine Vascular Surgery documents. Look under the **Venous Disease** heading.

- RadiologyInfo.org for Patients:
  - **Phlebectomy of Varicose Veins**
- **Inferior Vena Cava Filter Placement and Removal**
  [https://www.radiologyinfo.org/en/info/venacavafilter](https://www.radiologyinfo.org/en/info/venacavafilter)

- **Sclerotherapy of Varicose Veins and Spider Veins**
  [https://www.radiologyinfo.org/en/info/sclerotherapy](https://www.radiologyinfo.org/en/info/sclerotherapy)

- **Varicose Vein Treatment (Endovenous Ablation of Varicose Veins)**

- Society for Vascular Nursing. **Venous Disease Booklet**

- Vascular Cures. **Educational Flyers:**
  - **Chronic Venous Insufficiency**
  - **Deep Vein Thrombosis (DVT)**
  - **DVT and Air Travel**
  - **Compression Therapy**
  - **Pulmonary Embolism**
  - **Venous Thromboembolism (Blood Clots)**
  - **Varicose Veins**
Audiovisual Resources

- Michigan Medicine Vascular Surgery Videos
  https://tinyurl.com/2p8ryb8b

Web Resources

- American Venous Forum: Patients
  https://www.veinforum.org/patients/
  This site has overviews, articles and videos about vascular conditions.

- National Heart, Lung, and Blood Institute (NHLBI)
  https://www.nhlbi.nih.gov/
  Go to “Health Topics” and then A-Z Index select:
  - Deep Vein Thrombosis (DVT)
  - Venous Thromboembolism
  - Varicose Veins
  Provides information on causes, screening and prevention, symptoms, diagnosis, disease management, and treatment.

- Society for Vascular Surgery: Patient Resources
  https://vascular.org/patient-resources
  Provides information on venous disease including symptoms, causes, screening, diagnosis and treatments.
• Vascular Cures
  http://vascularcures.org/
  This site provides information on various vascular conditions as well as patient videos and stories.

Patient Support Organizations
• Vascular Cures
  http://vascularcures.org/
  650.368.6022