Other names:
- Implantable cardioverter-defibrillator (ICD)
- Automated external defibrillator
- Cardiac Pacemaker

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at http://www.umcv.org/mardigian-wellness-resource-center and online Information guides at http://infoguides.med.umich.edu/home

Brochures, Fact sheets

- American Heart Association
  - Living with Your Pacemaker
  - What is an Implantable Cardioverter-Defibrillator (ICD)? Access online at: http://www.heart.org/idc/groups/heart-public/@wcm/@hcm/documents/downloadable/ucm_300449.pdf

- Heart Rhythm Society
  - Pacemakers
  - Implantable Cardioverter Defibrillators (ICD’s)
    Both available online at: http://www.hrsonline.org/Patient-Resources/Patient-Information-Sheets
    Scroll down and click on the title.

Books


Audiovisual Resources
- An interactive tutorial on MedlinePlus.gov - Pacemaker
  http://www.medlineplus.gov/
  → Click on “Videos & Tools” near the top of the page
  → Click on “Surgery and Videos”
  → Scroll down under “Blood, Heart and Circulation” and select the videos under “Pacemakers and Implantable Defibrillators”
  These videos provide greater detail on the implanting procedure.

Web Resources
- American Heart Association: Arrhythmia
  http://www.heart.org/HEARTORG/Conditions/Arrhythmia
  This section includes information on implantable devices.

- Heart, Lung, and Blood Institute (NHLBI) – Sections on Pacemaker and Implantable Cardioverter Defibrillator
  http://www.nhlbi.nih.gov/
  → Click on “See all Health Topics” under the “Health Topics” Heading
  → Click the letter “I” then “Implantable Cardioverter Defibrillator”
  → Click on the letter “P” and then select “Pacemakers”
  These sections provide an easy-to-read overview of pacemakers or defibrillators including who needs them, how they work and lifestyle.
• Heart Rhythm Society
  http://www.hrsonline.org/Patient-Resources
  This site provides accurate and clear information about cardiac arrhythmia disorders and includes information on treatment and devices.

• UpToDate
  http://www.patients.uptodate.com/
  o Patient information: Pacemakers
  o Patient information: Implantable Cardioverter-Defibrillators
    Type “Defibrillators” or “Pacemakers” into the “Search Patient Content” box
  These detailed, comprehensive overviews are based on professional literature reviews written for physicians. The overviews include some medical terminology and are suitable for readers seeking to gain in-depth understanding of coronary heart disease.

Michigan Medicine Resources
• The Cardiovascular Disease Prevention & Rehabilitation program at Domino’s Farms offers a number of relevant program and services including:
  • Cardiac Rehabilitation Program
  • Exercise Consultations
  • Nutrition Services
  • Stress Management Services
  For more information access http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation
  or call: 888.287.1082

• Tobacco Consultation Service
  Group and individual quit-smoking programs.
  For more information access: http://hr.umich.edu/mhealthy/programs/tobacco/ or call (734) 998-6222
  or email quitsmoking@med.umich.edu
Websites of Heart Device Companies

- **Biotronik**
  https://www.biotronik.com/en-us
  This site provides information on conditions, procedures, and their devices.

- **Boston Scientific: LifeBeat**
  http://www.lifebeatonline.com/
  Information and an online newsletter for people with a heart device.

- **Medtronic**
  Provides information on what a pacemaker is and gives information on the various pacemakers the company has to offer.

- **Abbott: Arrhythmias**
  This site provides information on arrhythmias and has information on the company's various devices.

Patient Support Organizations

- **Heart Rhythm Society**
  http://www.hrspatients.org/
  (202) 464-3400

This document contains information and/or instructional materials developed by the Michigan Medicine for the typical patient with your condition. It may include links to online content that was not created by Michigan Medicine and for which Michigan Medicine does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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