

Aortic Aneurysm

INFORMATION GUIDE



Other Names:

- Abdominal aortic Aneurysm
- AAA
- Thoracic Aortic Aneurysm
- TAAA

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at <http://www.umcvc.org/mardigian-wellness-resource-center> and online Information guides at <http://infoguides.med.umich.edu/home>

Brochures, Fact sheets

- MedlinePlus.gov from the National Library of Medicine.
Aortic Aneurysm
<https://medlineplus.gov/aorticaneurysm.html>
- National Heart, Lung, and Blood Institute. **What is an Aneurysm?**
<https://www.nhlbi.nih.gov/health-topics/aneurysm>
- Society for Vascular Surgery. **Abdominal Aortic Aneurysm.**
<http://vascular-disease.org/flyers/abdominal-aortic-aneurysm-flyer.pdf>

Audiovisual Resources

- **Abdominal Aortic Aneurysm Repair** - a two-part video series by the University of Michigan Vascular Surgery
 - **Introductory Information** <https://tinyurl.com/ybjwddfp>
 - **Surgical Repair** <https://tinyurl.com/yajhysnu>

Aortic Aneurysm

INFORMATION GUIDE



Web Resources

- **Vascular Cures**

<http://vascularcures.org/>

- Find the drop down menu under “**Vascular Disease**”
- Click on “**What is Vascular Disease?**” from the menu
- Select “**Abdominal Aortic Aneurysm**” or “**Thoracic Aortic Aneurysm**”

A detailed overview with illustration describes aortic aneurysms including diagnosis and treatment.

- **The National Heart, Lung, and Blood Institute (NHLBI): Aortic Aneurysm**

<https://www.nhlbi.nih.gov/health-topics/aneurysm>

This section provides an easy-to-read overview of aneurysm, causes, symptoms, diagnosis and treatment.

- **Society of Thoracic Surgeons (STS) Patient Information: Thoracic Aortic Anuerysm**

<http://ctsurgerypatients.org/adult-heart-disease/thoracic-aortic-aneurysm>

Explains what a thoracic aneurysm is as well as causes, symptoms, diagnosis and treatment.

- **Society of Vascular Surgery**

<http://www.vascular.org>

- Click on “**For Patients**”
- Select “**List of Conditions**”
- Click on “**Abdominal Aortic Aneurysm**” or “**Thoracic Aortic Aneurysm**”

Aortic Aneurysm

INFORMATION GUIDE



- **UpToDate: Patient information: Abdominal Aortic Aneurysm**

<http://www.patients.uptodate.com/>

- In the “Search Patient Content” box type “Aortic Aneurysm”

This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of Aortic Aneurysm.

University of Michigan Resources

- **University of Michigan Department of Cardiac Surgery: Aortic Multidisciplinary Clinic**

<http://med.umich.edu/cardiac-surgery/>

The site of the U-M department of cardiac Surgery provides information about surgery for an aortic aneurysm. For more information call 1-888-287-1082.

- **University of Michigan Department of Vascular Surgery**

<https://medicine.umich.edu/dept/surgery/surgical-specialties/vascular-surgery>

The site of the U-M department of Vascular Surgery provides information about Abdominal Aortic Aneurysm, preparing for surgery, and physicians and staff in the department. For more information call 1-888-287-1082.

- **The Cardiovascular Disease Prevention & Rehabilitation Program at Domino’s Farms** offers a number of relevant programs and services including:

- Cardiac Rehabilitation Program
- Exercise Consultations
- Nutrition Services
- Stress Management Services

For more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation> or call: 1-888-287-1082.

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INFORMATION GUIDE



- **Tobacco Consultation Service**
Group and individual quit-smoking programs.
For more information access: <http://www.mhealthy.umich.edu/tobacco/> or
call
734- 998-6222

Patient Support Organizations

- **American Heart Association**
<http://www.heart.org>
1-800-242-8721
- **Vascular Cures**
<http://vascularcures.org/>
info@vascularcures.org

This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

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