

## INFORMATION GUIDE

### Related Terms:

- Aortic Stenosis
- Aortic Valve Replacment
- Heart Valve Disease
- Transcatheter Aortic Valve Implantation (TAVI)

The purpose of this guide is to help patients and families find sources of information and support. This list is not meant to be comprehensive, but rather to provide starting points for information seeking. The resources may be obtained at the Mardigian Wellness Resource Center located off the Atrium on Floor 2 of the Cardiovascular Center. Visit our website at <http://www.umcvc.org/mardigian-wellness-resource-center> and online Information guides at <http://infoguides.med.umich.edu/home>

### Michigan Medicine Resources

- **Frankel Cardiovascular Center**
  - **Aortic Valve Disease**  
<http://www.umcvc.org/conditions-treatments/aortic-valve-disease>  
A patient resource about the University of Michigan Aortic Program, including a video clip.
  - **Transcatheter Aortic Valve Replacement (TAVR)**  
<https://www.umcvc.org/conditions-treatments/transcatheter-aortic-valve-replacement-tavr>
- **Frankel Cardiovascular Center Department of Cardiac Surgery: Patient Information**  
<https://medicine.umich.edu/dept/cardiac-surgery/patient-information>  
Provides information on pre and post procedures as well as information on various conditions and treatment options.
- **Frankel Cardiovascular Center: Core Valve Patient Video**  
<https://www.youtube.com/watch?v=j40oKUP6kU4>

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- **Frankel Cardiovascular Center: Introduction to TAVR at the University of Michigan.** Informational video at:  
<https://www.youtube.com/watch?v=IK8W4CN1O8Q&feature=youtu.be>
- **The Cardiovascular Disease Prevention & Rehabilitation Program** at Domino's Farms offers a number of relevant programs and services including:
  - Cardiac Rehabilitation Program
  - Exercise Consultations
  - Nutrition Services
  - Stress Management Services

For more information access <http://www.umcvc.org/medical-services/cardiovascular-disease-prevention-and-rehabilitation> or call: 888.287.1082

- **Tobacco Consultation Service**  
Group and individual quit-smoking programs.  
For more information access:  
<http://hr.umich.edu/mhealthy/programs/tobacco/> or call (734) 998-6222 or email [quitsmoking@med.umich.edu](mailto:quitsmoking@med.umich.edu)

### Brochures, Fact sheets

- **Edwards Lifesciences Booklets**  
<https://www.edwards.com/devices/heart-valves/transcatheter-Sapien-3>  
→ Click on **Resources & Events** on the bar near top of page
- **Medtronic Patient Booklet**  
<https://www.medtronic.com/us-en/patients/conditions/heart-valve-disease/patient-handbooks.html>
  - **Patient Booklet: Medtronic Transcatheter Valve Replacement**

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### Audiovisual Resources

- **Edwards Lifesciences Video Library**  
<https://www.edwards.com/devices/heart-valves/transcatheter-Sapien-3>  
→ Click on **Videos** on the bar near top of page
- **Frankel Cardiovascular Center: Core Valve Patient Video**  
<https://www.youtube.com/watch?v=j40oKUP6kU4>
- **Frankel Cardiovascular Center: Introduction to TAVR at the University of Michigan.** Informational video at:  
<https://www.youtube.com/watch?v=IK8W4CN1O8Q&feature=youtu.be>
- **HeartValveSurgery.com**  
<http://www.heart-valve-surgery.com/videos/tavi.php>  
Videos include general information on TAVR, Surgeon Q & A, technology updates and patient success stories.
- **Medtronic Video Gallery**  
<https://www.medtronic.com/us-en/patients/treatments-therapies/transcatheter-aortic-valve-replacement.htm>
- **NewHeartValve.com**  
<https://www.newheartvalve.com/watch-tavr-patient-video-stories>  
This site has videos on TAVR basics as well as procedure and patient videos.

### Device Companies

- **Edwards Lifesciences: TAVR**  
<https://www.edwards.com/devices/heart-valves/transcatheter-Sapien-3>
- **Medtronic: TAVR**  
<https://www.medtronic.com/us-en/patients/treatments-therapies/transcatheter-aortic-valve-replacement.html>

### Web Resources

- **American Heart Association: What is TAVR?**  
[http://www.heart.org/HEARTORG/Conditions/More/HeartValveProblemsandDisease/What-is-TAVR\\_UCM\\_450827\\_Article.jsp](http://www.heart.org/HEARTORG/Conditions/More/HeartValveProblemsandDisease/What-is-TAVR_UCM_450827_Article.jsp)  
Includes information on TAVR as well as an Interactive Treatment Explorer tool.
- **HeartValveSurgery.com**  
<http://www.heart-valve-surgery.com/>  
This site is provided by author and patient, Adam Pick. The site has information on heart valve disease and TAVR as well as an online community for patients and caregivers to connect.
- **National Heart, Lung, and Blood Institute (NHLBI): What is Heart Valve Disease**  
<https://www.nhlbi.nih.gov/health/health-topics/topics/hvd/>  
Explains risk factors, signs and symptoms, diagnosis, and treatment of heart valve disease.
- **NewHeartValve.com: What is TAVR?** by Edwards Lifesciences  
<https://newheartvalve.com/about-tavr/>  
A patient information resource all about heart valve disease.
- **UpToDate: Patient Information**  
<http://www.patients.uptodate.com/>  
→ Type “TAVR” in the “Search Patient Content” box  
This detailed, comprehensive overview is based on professional literature reviews written for physicians and updated regularly. The overview is very detailed and includes some medical terminology. It is suitable for readers seeking to gain in-depth understanding of aortic stenosis.

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### Patient Support Organizations

- **American Heart Association**  
<http://www.heart.org/>  
1-800-242-8721
- **HeartValveSurgery.com Community**  
<http://www.heart-valve-surgery.com/journals/>  
Connect with patients and caregivers in an online community.

This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan

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Document #559  
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