



Prostate Ultrasound Prep

You are scheduled for a prostate ultrasound. Prostate ultrasound, also called transrectal ultrasound, provides images of a man's prostate gland and surrounding tissue. The exam requires insertion of an ultrasound probe into the rectum. The probe sends and receives sound waves through the wall of the rectum into the prostate gland which is situated right in front of the rectum. Once the ultrasound is completed, we will have more information regarding which course of treatment you will be able to participate in.

What you will need for your prep:

- Two (2) Fleets enemas. You can purchase these at your local pharmacy or grocery store.

Instructions:

- Take one Fleets enema the night before your prostate ultrasound and one the morning of your prostate ultrasound.
- You may be prescribed a medication called Lorazepam (Ativan®) which will help you relax during the procedure. Please take as directed. You will **not** be able to drive if you take this medication. So, please have a responsible adult with you if you plan on taking this medication.

Who should I call if I have questions?

On weekdays, Monday thru Friday, 8:00 am to 5:00 pm, contact the Radiation Oncology Department at (734) 936-4300.

On weekends, holidays or after 5:00 pm on weekdays, contact the paging operator at (734) 936-6267. Ask to have the On-Call Radiation Oncology Resident paged.

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