

Uroflometry (Uroflow)

What is a Uroflow?

A Uroflow measures the flow and force of your urine stream. This test is often performed in patients who have an obstruction in their normal flow or problems with urination.

How will this test be done?

It is important that you arrive for your appointment with a **normally full bladder and feel the urge to urinate**. If you are asked to give a urine sample by the person who checks you in, tell them you are having a uroflow test and that you will need to wait to give the sample until after the test. However, if you have a very strong urge to empty your bladder before you are brought into an exam room, please inform the receptionist.

For the test, you will be taken to a restroom and instructed to urinate into a special toilet that electronically measures the volume and flow of your urine. A paper recording of the urine flow will be generated. The goal is to have you urinate as you normally would. Do not force urination with a partially full bladder or wait until your bladder is overfull and uncomfortable. This can give inaccurate results on the uroflow test.

How do I prepare for this test?

You must arrive at the clinic with a normally full bladder. You will not experience any pain or discomfort. The results of this test will help your doctor determine the best treatment option for you.

What can I expect after the test?

There are no side-effects from this test. You may resume your usual daily activities immediately following the uroflow test.

Contact Information

If you have any questions, please contact the University of Michigan, Department of Urology at 734-936-7030 during business hours (8:00 am - 5:00 pm). After business hours and on weekends, please call 734-936-6267 and ask to speak with the Urology Resident on call. If you need to see a doctor right away, please go to the nearest Emergency Room (ER). Have the ER doctor contact the University of Michigan urology resident on call for assistance.

Disclaimer: This document is for informational purposes only and is not intended to take the place of the care and attention of your personal physician or other professional medical services. Talk with your doctor if you have Questions about individual health concerns or specific treatment options.

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