

Pad Weight Test

What is a Pad Weight Test?

This is information that will help us quantify the volume of urine you leak on a daily basis. The results of the information obtained will allow your doctor to better plan a course of treatment for your level of incontinence.

How will this test be done?

Save every wet incontinence product that you have used during a 24 hour period (day & night). You can store them in any water-tight plastic bag (e.g. Ziploc). A tight seal is important because it prevents evaporation and insures a more accurate test.

There are different types of protective items including pads, panty liners, Depends, etc. Be sure to bring in the collection of all protective items you actually use, including, wash cloths, Kleenex or paper towels if applicable. **You should also bring in one type of each un-used (dry) protective item with you. Be sure to keep the dry items separate from the wet items.** We will compare the weight of the wet items to that of the dry items to calculate how much urine you leak.

Contact Information

If you have any questions, please contact the University of Michigan, Department of Urology at 734-936-7030 during working hours (8:00 am - 5:00 pm). If there are any concerns that need to be addressed after business hours or on weekends, please call 734-936-6267 and ask to speak with the Urology Resident on Call. If you need to be evaluated by a physician on an emergent

basis, please go to the nearest ER and have the ER physician contact the University of Michigan urology resident on call for assistance.

Disclaimer: This document is for informational purposes only and is not intended to take the place of the care and attention of your personal physician or other professional medical services. Talk with your doctor if you have Questions about individual health concerns or specific treatment options.

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Last Revised February 2012