

Instructions for Discontinuing Medications before Ureteroscopy

This document lists some common medications and supplements that may need to be discontinued before your procedure. Following these instructions may reduce side-effects and complications. It is safe to take Tylenol, unless your doctor tells you otherwise.

Stop taking recreational drugs as soon as possible before planned surgery (for example: cocaine, heroin, marijuana).

Fourteen (14) days before planned surgery:

❖ **Stop taking Monoamine Oxidase Inhibitors (MAOIs):**

Isocarboxazid (Marplan®)	Selegiline (Emsam®)
Phenelzine (Nardil®)	Tranylcypamine (Parnate®)

❖ Stop taking Coenzyme-Q-10 supplement

❖ **You may need to stop taking Tamoxifen (Tamofen®)** two weeks (14 days) before planned surgery. Ask the doctor who gave you this prescription if and when you should stop taking it.

Two (2) days before planned surgery: Stop taking stimulants/ADD medications; for example: Ritalin®, Adderall®, Concerta®, Vyvanse®, Intuniv®.

Medications you can take until 18 hours before surgery. Do not take these medications for 18 hours before surgery:

❖ **ACE inhibitors**

Benazepril (Lotensin®)	Enalapril (Vasotec®, Renitec®)
Fosinopril (Monopril®)	Lisinopril (Lisodur®, Lopril®, Novatec®, Prinivil®, Zestril®)
Perindopril (Coversyl®)	Quinapril (Accupril®)

Ramipril (Altace®, Tritace®, Ramace®, Ramiwin®)	Trandolopril (Mavik®)
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❖ **Angiotensin Receptor Blockers**

Candesartan (Atacand®)	Eprosartan (Tevetan®)
Irbesartan (Avapro®)	Losartan (Cozaar®)
Olmesartan (Benicar®)	Telmisartan (Micardis®)
Valsartan (Diovan®)	

Medications you can take until the day before surgery but NOT on the day of surgery:

❖ **Diuretics (“water pills”)**

Acetazolamide (Diamox®)	Bumetanide (Bumex®, Burinex®)
Chlorthalidone (Thalitone®)	Furosemide, (Lasix®)
Hydrochlorothiazide (HCTZ®, Microzide®, Hydrodiuril®)	Torsemide (Demadex®)
Triamterene & Hydrochlorothiazide (Dyazide®)	
Spironolactone (Aldactone©)	

Insulin: Your surgical team will tell you of any changes to the dose(s) for the night before and/or the day of surgery.

You MAY take the following combination medications up to and including the day of surgery:

- Atenolol/Chlorthalidone (Tenoretic®)
- Bisoprolol/ Hydrochlorothiazide (Ziac®)
- Clonidine/Chlorthalidone (Clorpres®)
- Hydralazine/ Hydrochlorothiazide (Apresazide®)
- Methyldopa/HCTZ (Aldoril®)

- Metoprolol succinate/ Hydrochlorothiazide (Dutoprol®)
- Metoprolol Tartrate/ Hydrochlorothiazide (Lopressor HTC®)
- Nadolol/Bendroflumethiazide (Corzide®)
- Prazosin/Polythiazide (Minizide®)

❖ **Unless your doctor tells you otherwise do not stop any of the following medications:**

- **Aspirin (and medications that contain aspirin):** Many non-prescription (over-the-counter or OTC) medications contain aspirin. If you are unsure whether a medication you take has aspirin, please ask your pharmacist or your surgeon's office. Make sure you ask your surgical team if they want you to continue taking, or stop taking aspirin before your surgery.
- **Aspirin-Dipyridamole (Aggrenox®):** Make sure you ask your surgical team if they want you to continue taking, or stop taking Aggrenox before surgery and when.
- **Cilostazol (Pletal®):** In most cases people are asked to stop taking Pletal® seven (7) days before surgery.
- **Clopidogrel (Plavix®) -** In most cases people are asked to stop taking Plavix® seven (7) days before surgery.
- **Dabigatran (Pradaxa®)** Make sure you ask your surgical team if they want you to continue taking, or stop taking Dabigatran before surgery and when.
- **Dofetilide (Tikosyn®):** This medication **should not be stopped** before surgery without permission from a cardiologist before surgery. It is very important that this medication be continued throughout the perioperative period at the same dose you are currently taking. Your surgeon will consult our cardiology team preoperatively to ensure proper management of this medication before and after surgery.
- **Isotretinoin (Accutane®):** In most cases people are asked to stop taking Accutane® (7) days before surgery.
- **Pentosan (Elmiron®):** In most cases people are asked to stop taking Elmiron® (7) days before surgery
- **Prasugrel (Effient®):** In most cases people are asked to stop taking Effient® (7) days before surgery

- **Raloxifene** (Evista©): In most cases people are asked to stop taking Evista© (7) days before surgery
- **Suboxone**: In most cases people are asked to stop taking Suboxone® (7) days before surgery
- **Warfarin** (Coumadin®): In most cases people are asked to stop taking Coumadin® five (5) days before surgery. The pre-op team will let you know if you need to switch to enoxaparin (Lovenox®) injections when stopping warfarin.

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