



Instructions for Use of Mandelamine®

What is Mandelamine®

The generic name for Mandelamine is “methenamine”. It may also be called Hiprex depending on what your pharmacy carries. Mandelamine is used to prevent urinary tract infections. It is often prescribed to people who perform self-catheterization or to patients who have a catheter for an extended period of time. Mandelamine is not an antibiotic; it is an antiseptic for the bladder. It breaks down in the urine to change the acidity of the urine. This makes it difficult for bacteria to grow. There may be an occasion when you are prescribed Mandelamine and an antibiotic at the same time. Please check with your doctor before combining Mandelamine with Ciprofloxacin or Bactrim.

What are instructions for taking Mandelamine®

The usual dose of Mandelamine is 1 gram twice a day. Take this medication as prescribed by your doctor. If you miss a dose, take the missed dose as soon as you remember it. However, if it is close to the next dose, do not take the missed dose. Do not take a double dose.

What are the side effects that could occur?

Nausea, vomiting, diarrhea or cramping may occur. Call your doctor or the urology nurse if you experience any of these symptoms. While taking Mandelamine, it is normal for your urine to be blue-green. It can also leave a blue-green tinge to your urinary drainage bag. If you have kidney or liver disease you should not take this medication. Discuss the use of this drug with

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your doctor if you think you are pregnant. This medication is considered safe while breastfeeding.

Contact Information

If you have any questions or concerns about this medication, please contact the University of Michigan, Department of Urology at 734-936-7030 during business hours (8:00 am - 5:00 pm). After business hours and on weekends, please call 734-936-6267 and ask to speak with the Urology Resident on call. If you need to see a doctor right away, please go to the nearest Emergency Room (ER). Have the ER doctor contact the University of Michigan urology resident on call for assistance.

Disclaimer: This document is for informational purposes only and is not intended to take the place of the care and attention of your personal physician or other professional medical services. Talk with your doctor if you have Questions about individual health concerns or specific treatment options.

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Last Revised March 2012