



# Bone Densitometry (ODR/DEXA) Scan

---

**Tell your doctor if you are pregnant or breastfeeding.**

You have scheduled a Bone Densitometry/ODR/DEXA study. This study uses a small amount of x-rays and has no side effects. Please notify us if you have had back surgery or a hip replacement using metal clips.

## **How do I prepare for my study?**

Please wear comfortable clothing with no metal or zippers to the exam. We may ask you to change clothes before the study if necessary.

## **What will happen during my study?**

We will use a camera to scan your body to measure the mineral content of your bones. This will take about 30 minutes.

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan (U-M) Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.

Author: Regen Newton, AAS, CNMT

Reviewers: Regen Newton, AAS, CNMT; Robert Ackermann, BS, CNMT; Benjamin Viglianti, MD, PhD

Patient Education by [U-M Health](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International Public License](#). Last Revised 06/2022