What are my Care Instructions?

You had a reaction to MRI Contrast. You might still be itchy or have hives or a rash. You might be drowsy from the medication you received.

Follow-up care is the key part of your treatment and safety. Be sure to make and go to all appointments, and call your doctor if you have problems.

How can I care for myself at home?

Activity

- If you have received any medicines for your contrast reaction, including Benadryl and Epinephrine, for your safety, avoid activities that require motor coordination.

Diet

- Eat your normal diet. If your stomach is upset, try bland, low-fat foods like plain rice, toast and yogurt.
- Drink plenty of fluids (unless your doctor tells you not to).
- Do not drink alcoholic beverages for 24 hours.

Medications

- Please take your normal medicines your doctor has prescribed.

Special Instructions

- Should you need an IV contrast agent for MRI in the future, please advise the Radiology Department of this reaction.
- Please talk with your doctor before your next MRI requiring a contrast agent for possible premedication with steroids and Benadryl.
When should you call for help?

Call 911 anytime you think you need emergency care. Call if you have any of the following signs and symptoms:

- Shortness of breath
- Chest pains
- Loss of consciousness (if you passed out or fainted)

Call the Radiology Nursing Station at 734-936-4515 between 8am and 5pm Monday through Friday if you have any of the following signs and symptoms:

- More hives or rash
- Itching
- Swelling
- Dizziness
- Vomiting that does not stop
- Redness, swelling, red streaking or pain at IV site

After hours you can call the Radiology Super chief at 734-936-6267, pager 1800.