

Garment Sizing Suggestions

Post-Operative Instructions

While we cannot guarantee a perfect fit when choosing your garment, here are some suggestions for ordering them.

What are my instructions for compression garments?

Always refer to the particular compression garment manufacturer's sizing chart. Challenges arise when a patient's measurements do not fall into a set size range across several points of measure.

- In a one- size difference measurement between the waist, hips, and thigh, the hip measurement should be chosen as the size to order when ordering your garment.
- A two- size difference between the hip and the waist indicates that the middle size should be selected. The same choose- the- middle size protocol should be followed when the hip and thigh measurements are two sizes different. The waist size should be selected if it is two sizes different than the thigh measurement.
- Also, if the unlikely scenario happens that the patient has a three-size difference between any one of the three important measurements, contacting the manufacturer for help is always a good idea. If a patient is very tall, separate garments are a recommended to provide adequate pressure to different body zones.

Who should I call if I have questions?

- (734) 998-6022, Monday - Friday, 8 a.m. - 4:30 p.m.
- After hours and on weekends, call Hospital Paging at (734) 936-6267 and ask for the Plastic Surgeon on call.

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