

Breast Augmentation Sizing Pre-Operative Instructions

What are my sizing instructions?

1. First determine your desired breast size.
2. Bring in a bra you want to fit into after the augmentation.
3. Research the following website: www.implantinfo.com/
 - Look for a subject with similar height and weight and current breast size and desired breast augmentation size.
 - Print off those photos you like and bring with you to your next visit with the surgeon.
 - Look over pamphlets provided to you to determine if you want saline vs silicone breast implants.
 - Bring a form fitting shirt on the day of sizing.
 - Make sure you have had a mammogram within the last 6 months. If the mammogram was done at an outside facility, please have the results faxed to the nurses at (734) 998-9139.
 - You will need an underwire bra to wear immediately after surgery. Please bring this underwire bra with you on the day of surgery.

Who should I call if I have questions?

- (734) 998-6022, Monday - Friday, 8 a.m. - 4:30 p.m.
- After hours and on weekends, call Hospital Paging at (734) 936-6267 and ask for the Plastic Surgeon on call.

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Author: Erin Larowe
Reviewers: Patricia McKenzie, RN

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