

JP Drain and Insertion Site Care Post-Operative Instructions

What are my post-operative instructions?

- Wash your hands.
- Strip tubing three times a day (more often if there are a lot of blood clots).
 - Grasp tubing close to body with one hand and pull toward body. With other hand grasp tubing below the first hand. Using an alcohol swab, pinch tubing tightly, sliding fingers down tubing, away from body.
 - Repeat 2 or 3 times. Be sure drainage is flowing into bulbs.
- Measure the drainage in the bulb by either using the calibrations on the bulb or by emptying the Bulb into small measuring container 3 times a day (more often if there is a lot of drainage or they feel heavy) Open small lid on top of bulb. Pour drainage into container. Squeeze bulb and hold while replacing small lid. Bulb should be collapsed to be effective. Pin bulb to clothing so the weight will not pull on the insertion site.
- Measure drainage and record amount each time you empty the bulbs. Hold container at eye level to read the numbers on the side of the container. Read the numbers in the “ml” column. Record amount of drainage on chart.
- Once a day clean insertion site with mixture of ½ water and ½ peroxide. Apply clean drain sponge daily around insertion site. Change more often if heavily soiled.
- When the drainage amount is less than 30ml for a period of 24 or 48 hours call the clinic that will provide your post-surgery care. (Your provider will give you more specific information about when to call). The clinic will set up a nurse visit to have the drain(s) removed at that time. Please note that if you have more than one drain, they may not be ready to come out at the same time.

JP Drain Chart

	JP#1	JP#2	JP#3	JP#4
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total

JP Drain Chart

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	Total	Total	Total	Total
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Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total
DATE				
Morning				
Mid Day				
Evening				
	Total	Total	Total	Total

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