

Treating Skin Irritation Around Your Stoma

When should I use a powder under my ostomy appliance?

If the skin surrounding the stoma is irritated, open, red, sore, or there is a rash present, you may use a powder as directed by your ostomy nurse for treating the affected skin.

What kind of powder can be used under my ostomy appliance?

If skin is open, irritated, broken, raw or weeping:

To treat affected skin around the stoma you can use Stomahesive powder under the ostomy appliance. The powder is available from a medical surgical supplier.

If skin has a red, raised, itchy pimply rash:

If you have a rash this may indicate a yeast infection and you may use an antifungal powder (2% Miconazole). This can be purchased over the counter at a local pharmacy.

How do I use Stomahesive?

1. Wash your hands with soap and water.
2. Make sure the skin around your stoma is clean and dry.
3. Apply **Stomahesive powder** and gently rub in.
4. Brush off the excess powder with your fingertips.
5. Dab the alcohol free barrier wipe or skin prep over the powdered area. **Do not** wipe it on. Let the alcohol free barrier or skin prep dry for 5-10 seconds.
6. Continue with ostomy pouch change as directed.
7. Wash hands

How do I use antifungal powder?

(This may indicate a yeast infection)

1. Wash your hands with soap and water.
2. Make sure the skin around your stoma is clean and dry.
3. Apply **antifungal 2% miconazole** (available over the counter) powder and gently rub in.
4. Brush off the excess powder with your fingertips.
5. Dab the alcohol free barrier wipe or skin prep over the powdered area. Do not wipe it on. Let the alcohol free barrier or skin prep dry for 5-10 seconds.
6. Continue with ostomy pouch change as directed.
7. Wash hands

If the skin surrounding the stoma does not improve within 2 weeks, please contact Home Care or your ostomy nurse for further instructions for care.

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