



Stroke Support Group

For Stroke Survivors, Their Families, & Caregivers

Why should I attend a support group?

Finding groups to connect with can be challenging. This is a safe place to confidentially share your trials and triumphs with a group of your peers. Michigan Medicine staff members attend to guide discussions and provide information.



Our mission

The purpose of this group is to provide stroke survivors and their support persons an opportunity to support each other and build new friendships as they strive for recovery, meaning, and well-being.

Additional details

- No fees associated.
- Participants must provide their own phone or computer/internet access.
- Video capability is not required.

When:

Day: 2nd Tuesday of every month
Time: 2:30 - 4:00 P.M.

Where:

Meetings take place virtually on the HIPAA-aligned video conferencing platform, “Zoom for Health.”

Please email the Stroke Support Group email below for details on how to attend.

Questions?

Email the Stroke Support Group at UMstrokesupportgroup@med.umich.edu