



Stroke Resources for Patients and Caregivers: Quick Guide

Community resources:

Support Service/Program	Contact Information
2-1-1 Helpline	Phone: 2-1-1
Administration for Community Living	Phone: (800) 677-1116
American Stroke Association - Stroke Family Warmline	Phone: (888) 478-7653
Area Agencies on Aging Locator	Website: 4ami.org/about
Caregiver Action Network	Website: CaregiverAction.org/community Phone: (855) 227-3640
Department of Veterans Affairs (VA)	Phone: (800) 827-1000
Disability Network/Center for Independent Living Locator	Website: DNMichigan.org/cils
Great Lakes Loan Closet Locator	Website: LoanClosets.org/michigan
Stroke Support Group Locator	Website: stroke.org/en/stroke-support-group-finder
The AARP Family Caregivers Discussion Group	Website: facebook.com/groups/aarpfamilycaregivers
The Eldercare Locator/Administration for Community Living	Phone: (800) 677-1116
Young Adult Stroke Survivors Group	Email: susan@circleofrights.org

Michigan Medicine resources:

Support Service/Program	Contact Information
Brain Aneurysm Support Group	Email: MManeurysmSG@med.umich.edu Phone: (734) 803-1340
Cardiovascular Center Social Worker	Phone: (734) 232-1559
Guest Assistance Program	Phone: (800) 888-9825 or (734) 764-6893
Inpatient Social Worker	Phone: (800) 888-9825 or (734) 764-6893
Patient Financial Counselors/M-Support Program	Email: PFC-Counselors@med.umich.edu Phone: (855) 855-0863 or (734) 615-0863
Peer Mentoring for Stroke Patients	Email: UMStrokeSupportGroup@med.umich.edu
Stroke Support Group	Email: UMStrokeSupportGroup@med.umich.edu
Turner Senior Wellness Program	Phone: (734) 998-9353
University of Michigan Aphasia Program (UMAP)	Website: mari.umich.edu/ucll/umap Phone: (734) 764-8440
Young Adult Stroke Survivors Group	Email: susan@circleofrights.org

Disclaimer: This document contains information and/or instructional materials developed by University of Michigan (U-M) Health for the typical patient with your condition. It may include links to online content that was not created by U-M Health and for which U-M Health does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition, or your treatment plan.

Author: Jessica Roberts, RN MSN FNP-C
Reviewers: Bethany Lee-Lehner, MSN RN
Edited by: Brittany Batell, MPH MSW CHES®

Patient Education by [U-M Health](#) is licensed under a [Creative Commons Attribution-NonCommercial-ShareAlike 4.0 International Public License](#). Last revised 05/2025