

# What Are My Care Options after Discharge?

There are several options to continue your rehabilitation after discharge. Your care team will work with you and your family to select the best option for you and ensure you are getting top notch care for your continued rehabilitation.

<b>Inpatient Acute Rehabilitation</b>	The facility offers physical therapy (PT), occupational therapy (OT), speech and language pathology (SLP) for up to 3-5 hours a day.
<b>Subacute Rehabilitation (SAR)/ Skilled Nursing Facility (SNF)</b>	The facility offers skilled therapy but less intense than acute inpatient rehabilitation.
<b>Long Term Acute Care (LTAC)</b>	The facility offers care for patient with complex medical or nursing needs, such as being on a ventilator. Patients continue to receive skilled therapy (Physical therapy, Occupational Therapy and Speech and Language Pathology).
<b>Assisted Living Facility</b>	The facility offers personal care as well as skilled care.
<b>Extended Care Facility (ECF)</b>	The facility offers medical, nursing, or custodial care over a prolonged period.
<b>Return to Group Home</b>	The facility accepts patients that were there prior to admission. Outpatient or home therapy (PT/OT) are available.
<b>Traumatic Brain Injury Facility</b>	The facility accepts patients with a new traumatic brain injury (TBI) or a closed head injury (CHI) who need skilled therapy.

<b>Hospice</b>	Services offered include medical, psychological, and spiritual support at home, in a rehabilitation facility, or at a residential hospice.
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