

### **Breast Cancer Resources**

There are many breast cancer resources in the metro Detroit, Ann Arbor, and Flint areas that offer support services, educational materials, screening programs, and community outreach programs. Most of these organizations are not directly connected with Rogel Cancer Center. Local nonprofits, health departments, and advocacy groups provide important services to meet the diverse needs of patients, survivors, and families in these communities.

Michigan Medicine Cancer Answer Line: 1-800-865-1125

#### **Breast imaging services**

Resource	QR code
Rogel Cancer Center Mobile Mammography:	
<ul> <li>RogelCancerCenter.org/mobile-mammography</li> <li>This program offers reduced cost or free mammograms locally.</li> <li>Phone: (734) 936-4500</li> </ul>	
<ul> <li>Operation Breast Density: OperationBreastDensity.org</li> <li>They offer financial help for supplemental breast imaging.</li> </ul>	
Breast and Cervical Cancer Control Navigation Program (BC3NP): michigan.gov/mdhhs/keep-mi- healthy/chronicdiseases/cancer/bc3np	M

## **Support and information**

Resource	QR code
Gilda's Club Metro Detroit: GildasClubDetroit.org  • They offer breast cancer support services.	M + SCAN SE AND
Cancer Support Community of Greater Ann Arbor:	
CancerSupportAnnArbor.org/programs	SCAN ME SILL
They offer breast cancer support services.	
Michigan Breast Cancer Coalition:	
mibcc.org/resources/patient-resources	M
They offer general resources for breast cancer	SCAN ME
patients.	
Patient Advocate Foundation: PatientAdvocate.org	
They offer multiple resources, from case management	IIII M
assistance to co-pay help.	
American Cancer Society: cancer.org/support-programs-	
and-services.html	
• Their services include a 24/7 helpline, online	SCAN ME
community, and the Reach to Recovery program.	
• 24/7 Cancer Helpline: 1-800-227-2345	
BreastCancer.org: <a href="mailto:BreastCancer.org">BreastCancer.org</a> • They provide information on breast cancer.	M SOAM STATE OF THE STATE OF TH

Resource	QR code
Breast Cancer in Young Adults: <a href="mi-healthy/chronicdiseases/cancer/Breast-Cancer-In-Young-Adults">mi-healthy/chronicdiseases/cancer/Breast-Cancer-In-Young-Adults</a> • This website provides information for adults younger than 45 with breast cancer.	M SCAM ME
Touch, The Black Breast Cancer Alliance:  TouchBBCA.org/about-touch  They provide education, talks, and retreats.	M Scan Me
<ul> <li>SurvivingBreastCancer.org (SBC): <u>SurvivingBreastCancer.org</u></li> <li>The website provides education, support, and programs.</li> </ul>	M

# Financial help

Resource	QR code
Shades of Pink Foundation: ShadesOfPinkFoundation.org	
Susan G. Komen: komen.org/financial-assistance-program	
<ul> <li>Living Beyond Breast Cancer: LBBC.org/financial-help-resources</li> <li>Along with financial help, they also offer support groups, a helpline, and events.</li> </ul>	

Resource	QR code
National Breast Cancer Foundation:  NationalBreastCancer.org/our-programs/  • Along with financial help, they offer mammograms, support groups, and retreats.	B A A A A A A A A A A A A A A A A A A A
It's A Breast Thing: <a href="ItsABreastThing.org/about-ibt">ItsABreastThing.org/about-ibt</a> • They offer financial help and grants.	E STATE OF THE STA
<ul> <li>Angels of Hope: AngelsOfHope.org</li> <li>They provide critical support to Michigan families directly impacted by cancer.</li> </ul>	

### Other resources

Resource	QR code
Breast Cancer Wellness Media: BreastCancerWellness.org     Subscribe to a free online magazine for breast cancer survivors.	
Michigan Medicine Spiritual Care Resources:  MMSpiritualCare.org  • This resource provides information on spiritual care at Michigan Medicine.	M
Art Therapy at Michigan Medicine:  MichiganMedicine.org/community/arts-health/arts- programs-and-services  • Services include performances, events, and art exhibits.	

Resource	QR code
Lovely Monkey Tattoo: <a href="LovelyMonkeyTattoo.com">LovelyMonkeyTattoo.com</a> • They provide areola and nipple restoration tattoos.	

#### **Peer mentoring**

Ask your provider about our Michigan Medicine peer mentoring program for breast cancer.

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