Preparing for Your Magnetic Resonance Imaging (MRI) Exam with Contrast

How do I prepare for my exam?

- Stop eating 2 hours before the appointment time.
- You may drink clear liquids up to 30 minutes before the appointment time (unless otherwise instructed).

Clear liquids allowed:
  - Tea/black coffee
  - Apple or cranberry juice
  - Lemon or lime Jell-O
  - Clear chicken or beef broth
  - Sodas
  - Water

- Take prescription medications as prescribed with a small amount of water, unless otherwise instructed by the Radiation Oncology Department.
- If you have an allergy to gadolinium contrast, you should have received a prescription from your health care provider for a steroid prep and instructions to obtain over the counter Benadryl.
  - Benadryl causes drowsiness. If you will be taking a steroid and Benadryl prep, you will need to bring a driver or you will be asked to wait 4 hours before discharge from Radiation Oncology.

When you arrive:

- When you arrive you will be asked to change into a gown and pants.
- We are unable to supervise children under the age of 12 years old during your exam, please make arrangements for child care before your appointment.