Preparation for Your Computed Tomography (CT) Exam with Contrast

How do I prepare for my exam?

- Stop eating for 4 hours before the appointment time.
- You may drink clear liquids up to 2 hours before the appointment time (unless otherwise instructed).

- Clear liquids allowed:
  - Tea/black coffee
  - Apple or cranberry juice
  - Lemon or lime Jell-O
  - Clear chicken or beef broth
  - Sodas
  - Water

- Take prescription medication as prescribed with a small amount of water, unless otherwise instructed by the Radiation Oncology Department.

- If you have an allergy to iodinated contrast, you should have received a prescription from your health care provider for a steroid prep and instructions to obtain over the counter Benadryl.
  - Benadryl causes drowsiness. If you will be taking a steroid and Benadryl prep, you will need to bring a driver or you will be asked to wait 4 hours before discharge from Radiation Oncology.

When you arrive:

- You may be asked to change into a patient gown or pants upon arrival if the scan you are receiving require us to do so.
- We are unable to supervise children under the age of 12 years old during your exam, please make arrangements for child care before your appointment.