

# Nayzilam® (Midazolam nasal spray)

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## **What is Nayzilam®?**

Nayzilam is the brand name for midazolam, a medication taken as nasal spray to control increased seizure activity in people with epilepsy. Caregivers give the medication to the patient during repetitive seizures. It is important to give the medication as directed by the healthcare provider who prescribed it.

## **Who should not use Nayzilam?**

Let your healthcare provider know if you have any of the following conditions which may prevent you from taking Nayzilam:

- Breathing difficulties such as asthma
- Kidney or liver disease
- Age over 65
- You are a woman of childbearing age, pregnant or a nursing mother

## **I am a caregiver: what do I need to know about using Nayzilam?**

Before giving Nayzilam you must read carefully and understand these instructions.


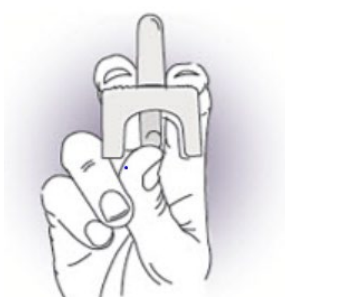


Make sure you reviewed the following points with the healthcare provider who prescribe Nayzilam and you know:

- How to use the medication
- The types of seizures that require treatment
- What you need to monitor after use
- When to seek medical attention

**Before you give the medication do the following:**

1. Confirm the proper dose is shown on the foil backing of the medication
2. Check the package to make sure it is not damaged.
3. Check the expiration date to ensure the medication has not expired.

**Instructions for Use**

	1) Peel the foil backing
	2) Hold the nasal spray unit with your thumb on the plunger and your middle and index fingers on each side of the nozzle. 3) Do not test or prime before use.
	4) Place the tip of the nozzle into 1 nostril until your fingers on either side of the nozzle touches the bottom of the nose.
	5) Press the plunger firmly to deliver the dose of Nayzilam nasal spray, make sure to firmly press the plunger using 1 motion.

Illustrations © UCB, Inc. Access at: <https://www.nayzilam.com>

Video demonstration available at: <https://www.nayzilam.com/how-to-use-nayzilam>

**Please do not give Nayzilam until you feel comfortable with how to use the medication**

## What should I do after treatment?

Stay with the person for at least 4 hours and make notes on the following:

- Changes in resting breathing rate
- Changes in skin color
- Possible side effects from treatment
- **Only if** your healthcare provider instructs you to do so give a second dose of Nayzilam.

## What can I expect after treatment?

Seizures should stop 15 minutes after you give the medication. Call for medical help if the seizures continue after 15 minutes, or when your healthcare provider says to call.

## What are the possible side effects of Nayzilam®?

The most common side effects include:

- Sleepiness
- Nasal discomfort
- Throat irritation

Other side effect include:

- Headache
- Slurred speech
- Changes in taste
- Watery eye

**Seek immediate medical attention** if any of the following occur:

- Significant reduction in breathing rate
- Signs of allergic reactions such as swelling of the face or tongue.

## When should I call for medical help?

Call your healthcare provider if any of the following occur:

- Seizure continues 15 minutes after giving the medication.
- Seizure behavior is different from other episodes.
- The frequency or severity of seizures, the color of the person, or their breathing is alarming.
- Your healthcare provider instructs you to call.

## Safety information

- Check the expiration date and inspect the nasal spray before you give the medication
- Do not use Nayzilam if you are allergic to midazolam.
- Do not drive, operate machinery, or ride a bike until you no longer feel the effects of Nayzilam.
- Do Not use Nayzilam in combination with alcohol or other medication that can cause drowsiness unless otherwise instructed by your healthcare provider.
- This medication is not meant for daily use. Speak with a healthcare provider for more information.

## How do I store Nayzilam?

Store at room temperature and out of reach of children

## Where can I find more information?

- Go to <http://www.nayzilam.com> or call 1-844-599-2273.
- Epilepsy Foundation: Call 1-800-EFA-1000 or visit <http://www.EFA.org>.

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