

# Transition Exercise: My Medicine

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I am going to remember to take my medicine because \_\_\_\_\_

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If I forget to take my medicine I will

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## These are My Medicines

### 1) The name of my medicine is

How much do I take (dose)?

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I take this medicine \_ time(s) each day (or \_\_\_\_\_) I take  
this medicine at        am/pm        am/pm        am/pm        am/pm

This medicine helps my body by

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If I miss taking it I should

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### 2) The name of my medicine is

How much do I take (dose)?

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I take this medicine \_ time(s) each day (or \_\_\_\_\_) I take

this medicine at            am/pm        am/pm        am/pm        am/pm

This medicine helps my body by

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If I miss taking it I should

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**Important:**

Ask your doctor before you mix your medicine with  
over the counter medicine, other prescription  
medicine, drugs or alcohol!