

How to Use a Biologic Pre-Filled Syringe

1. Remove the biologic medication carton from the refrigerator (fridge), and then remove the syringe from the carton. Place the syringe on a clean, flat surface away from heat and direct sunlight, and out of the reach of children. Keep the cap on the needle until you're ready to inject the medication.
 - Do not shake the biologic syringe.
2. Wait 45 minutes for the biologic medication to warm up to room temperature.
3. Check the expiration date on the syringe. Do not use this medication if it is expired.
4. Look at the liquid medication in the syringe to make sure it is clear. It may be colorless or pale yellow.
 - Do not use the medication if the liquid is cloudy, a different color, or if it contains flakes or particles.
 - The syringe may contain a small air bubble, which is normal. You do not need to get rid of the air bubble before you inject the medication.
5. Wash your hands.
6. Pick your injection site.
 - If you're giving the injection to someone else, the injection sites can include the upper arm, abdomen (belly), or thigh.
 - If you're injecting yourself, your injection sites can be your abdomen (belly) or thigh.
7. Clean the injection site with an alcohol wipe, and then let the skin dry before injecting.
 - Do not inject into skin that is bruised, tender, red, or hard.
 - If your injection site is the belly, do not inject within 2 inches of your belly button.

- Do not touch the cleaned injection site until your injection is completed.
8. Remove the needle cap by holding the middle of the syringe with the needle pointing away from you and pulling the cap straight off.
 - Do not twist the cap off.
 - Do not touch the needle or let the needle touch any surface.
 - Do not try to put the needle cap back onto the syringe, as this could cause a needle injury.
 9. Pinch a fold of skin at the injection site with one hand. With the other hand, insert the needle completely in the fold of skin at about a 45-degree angle. Relax the pinch, and then push the syringe plunger down slowly and steadily as far as the plunger will go until the syringe is empty.
 10. Slowly lift your finger off the plunger. This will allow the plunger and needle to automatically retract (pull back) into the body of the syringe.
 - You may see a drop of blood or medication at the injection site. This is normal. Gently press a cotton ball or gauze on the injection site and put a bandage on it, if needed.
 - Do not rub the injection site.
 11. Put the used syringe and needle cap in an appropriate sharps disposal container. Do not put the needle cap back on the syringe.

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