

Care Instructions After Myringoplasty

What is a myringoplasty?

A **myringoplasty** is a surgery to repair a hole in the eardrum.

What can I expect after my child's myringoplasty?

- You may notice some drainage (leaking fluid) or bleeding from the ear. If so, please call our office. We'll want to know about the color and thickness of the drainage, and how long they've had drainage, so we can determine whether they need treatment.
- Your child might have some discomfort and pain after surgery. You may give them acetaminophen (Tylenol®) or ibuprofen (Motrin®) for this as needed.

What are the care instructions after my child's myringoplasty?

Please follow these dry ear precautions for 2 weeks:

- Keep the ear dry.
- When your child is showering or washing their hair, place a Vaseline®-covered cotton ball in the ear and lightly tape over the outside of the ear.
- Do not use any ear drops.
- Avoid swimming.

When can I expect a follow-up appointment?

Your child's follow-up appointment will be 3-6 months after their surgery to check on their hearing and ear.

- 1 week before this appointment, start using the antibiotic ear drops we prescribed. Put 3-4 drops in the ear twice a day for 7 days.

What is the contact information for questions or concerns?

Please call the Pediatric Otolaryngology Clinic on Monday through Friday from 8:00 AM – 5:00 PM at (734) 936-5730.

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