

This handout has a list of assistive devices your occupational therapist may recommend that can help you enjoy bathing safely and independently.

Where can I purchase these devices?

These items can be purchased from:

- Local medical supply stores
- Online websites that ship to your home
- Your occupational therapist and/or discharge planner
- Local medical loan closet (your social worker can help you to locate and obtain contact information)

Toilet safety frame



The toilet safety frame is used to provide stability when bending to sit on the toilet and when getting up.

Raised toilet seat with arms



The raised toilet seat is placed on top of a normal toilet seat. It provides a higher seat so you do not have to squat as low when using the toilet. The arms provide safety and stability when sitting down or standing up.

Bedside commode



The bedside commode is a convenient toilet that can be kept in the room. This decreases the distance you have to travel to use the restroom, and the arms provide safety and stability on all sides.

Shower seats



Shower seats provide a comfortable resting place while showering which can prevent falls. Depending on your needs, you may need a shower chair with adjustable legs, a lighter frame, or a fold-up feature for portability.

Tub transfer benches



Bath transfer benches make bathing easier for people who would normally have difficulty getting in and out of a bathtub. They allow the user to enter and exit the tub by pivoting into and out of the tub from a sitting position.

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