

Cystoid Macular Edema

This material will give you an overview of cystoid macular edema, its causes, symptoms, and treatment.

What is cystoid macular edema?

Cystoid macular edema (CME) is painless and causes blurred vision. The blurred vision from CME is caused by a buildup of fluid in the macula. The macula is the central part of the retina. It is responsible for your most precise vision. It allows you to read small print and thread needles. The retina is like the film of the eye. It captures images to send to the brain. When the macula is swollen with fluid, the “film” does not lie flat and the picture becomes blurred.

What causes cystoid macular edema?

There are many causes of cystoid macular edema. It most commonly occurs after cataract surgery. It may also accompany a variety of conditions such as:

- Retinal vein occlusion
- Uveitis
- Diabetes
- Eye surgery
- Eye trauma
- Side effects from some medicines

What is the treatment for cystoid macular edema?

Treatment of CME depends on its cause. Retinal swelling is most often treated with eye drops to reduce the swelling. In some cases, your eye doctor may recommend injections of medications, laser treatment, or surgery to help reduce the swelling.

For more information, scan these codes with your smartphone or visit the websites listed.



<http://www.geteyesmart.org/eyesmart/diseases/macular-edema.cfm>



<http://www.kellogg.umich.edu/patientcare/conditions/cystoid.macular.edema.html>

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