

## **Posterior Capsule Opacification**

This material will help you understand posterior capsule opacification (PCO), a common issue that can occur after cataract surgery, and how it may be treated. PCO is also sometimes called "after-cataract."

## What is posterior capsule opacification?

Posterior capsular opacification (PCO) occurs when a cloudy layer of scar tissue forms behind your lens implant. This may cause you to have blurry or hazy vision, or to see a lot of glare from lights. PCO is fairly common after cataract surgery, occurring in about 20% of patients.

## What causes posterior capsule opacification?

During cataract surgery, your eye doctor removes the eye's natural lens that has become cloudy. The lens is the clear structure behind the iris (the colored part of the eye). t allows you to see images clearly (see picture on right). The cloudy lens is replaced with a plastic one, called an intraocular lens (IOL).

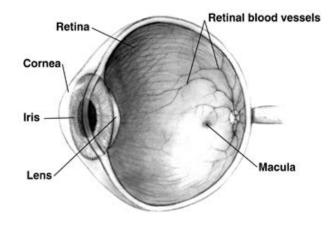


Image used with permission. Copyright  $\ensuremath{\mathbb{C}}$  VHI 1-800-356-0709

Part of the tissue covering the lens (the capsule) is left to help hold the IOL in place. Overt time, this capsule can become cloudy, leading to blurred vision and PCO.

Blurry vision caused by PCO can occur weeks, months, or even years after you have cataract surgery.

## How is posterior capsule opacification treated?

Similar to an actual cataract, PCO cause vision loss over time. When cloudy vision begins to affect your daily activities, you may want to have surgery to correct it. To regain vision, you will need to have a procedure called YAG laser capsulotomy. This is usually a short and painless outpatient procedure. Your eye doctor uses a laser to make a small opening in the clouded capsule to allow light to come through again. This procedure will only need to be performed once, as PCO cannot recur.

You and your doctor will discuss if and when you should treat your posterior capsular opacity.

For more information, scan these codes with your smartphone or visit the websites listed.



http://www.allaboutvision.com/conditions/cataract-

complications.htm



http://www.webmd.com/eye-health/cataracts/ndyag-laserposterior-capsulotomy-for-cataracts

Disclaimer: This document contains information and/or instructional materials developed by the University of Michigan Health System (UMHS) for the typical patient with your condition. It may include links to online content that was not created by UMHS and for which UMHS does not assume responsibility. It does not replace medical advice from your health care provider because your experience may differ from that of the typical patient. Talk to your health care provider if you have any questions about this document, your condition or your treatment plan.

> Author: Kathleen Koviak, MPH Candidate Reviewers: Christopher Hood, MD and Gale Oren, MILS

Unless otherwise noted, Patient Education by <u>University of Michigan Health System</u> is licensed under a <u>Creative Commons Attribution-NonCommercial-ShareAlike 3.0 Unported License.</u> Last Revised 03/2015