N	MICHIGAN MEDICINE Par	tient Pathway	for Head & Ne To be filled out by patient a	eck Free Flap	Surgery Page 1 of 2	People you may meet: Attending Physician/Surgeons Nurse Practitioners Respiratory Therapy Care Manager(s) RNs/Nurses Nutrition Social Work
	Day 1	Day 2	Day 3	Day 4	<u>Notes</u>	Physical Therapy/Occupational Therapy
	Leg Pumps - wear at all times when in bed or chair	Leg Pumps - wear at all times when in bed or chair	Leg Pumps - wear at all times when in bed or chair	Leg Pumps - wear at all times when in bed or chair	<u>140tes</u>	KEYS TO DISCHARGE
	Sit in Chair 3x/day	Sit in Chair 3x/day	Sit in Chair 3x/day	Sit in Chair 3x/day		☐ No fever & stable vital signs
	Incentive Spirometer 10x/hour	Incentive Spirometer 10x/hour	Incentive Spirometer 10x/hour	Incentive Spirometer 10x/hour		Move bowel & bladder without
	every day while awake  Walk in Hall at least 3x/day	every day while awake  • Walk in Hall at least 3x/day	<ul><li>every day while awake</li><li>Walk in Hall at least 3x/day</li></ul>	every day while awake		difficulty or alternate plan in place
	Vvaik iii Haii at least 3x/day	Valk iii Fiali at least 3x/day		Walk in Hall at least 3x/day		
	<ul><li>Oxygen via Trach Mask</li><li>Suction every 4 hrs and as</li></ul>	<ul><li>Oxygen via Trach Mask</li><li>Suction every 4 hrs and as</li></ul>	Wean to humidfied air     Custion avery 4 broand as	Humidfied room air		Out of bed most of the day
	needed	needed	Suction every 4 hrs and as needed	Suction every 4 hrs and as needed		☐ Increasing independence of self care
	Trach Care 3x/day	Trach Care 3x/day     Cartinus Patient Cantrolled	Trach Care 3x/day	Trach Care 3x/day		
	<ul> <li>Patient-Controlled Analgesia (PCA)</li> </ul>	Continue Patient-Controlled     Analgesia (PCA)	Continue Patient-Controlled     Analgesia (PCA)	Discontinue Patient-Controlled		Demonstrates competence with tube feedings, airway, meds, wounds (as
	Anti-nausea meds as needed	Anti-nausea meds as needed	Anti-nausea meds as needed	Analgesia (PCA)  • Anti-nausea meds as needed		applicable)
Suc	<ul><li>Incision care 3x/day</li><li>Oral care 4-6x/day</li></ul>	<ul><li>Incision care 3x/day</li><li>Oral care 4-6x/day</li></ul>	Incision care 3x/day     Oral care 4 Cy/day	Incision care 3x/day		
Actions	Strip drain & measure output	Strip drain & measure output	<ul><li>Oral care 4-6x/day</li><li>Strip drain &amp; measure output</li></ul>	Oral care 4-6x/day     Strip drain 8 magazine authors		☐ Able to tolerate recommended diet
4	every 4hrs • Remove drain per provider	every 4hrs Remove drain per provider	every 4hrs	Strip drain & measure output every 4hrs		☐ Determined Plan for Discharge
	discretion	discretion	Remove drain per provider discretion	Remove drain per provider		Supplies, Equipment, post-acute
	IV fluids     Start continuous tube foodings	IV fluids	IV fluids	<ul><li>discretion</li><li>Saline lock IV, water via feed-</li></ul>		services, & other needs with
	<ul><li>Start continuous tube feedings</li><li>Discontinue Foley</li></ul>	Increase tube feeding rate as tolerated	Increase tube feeding rate as	ing tube		Care Manager
	Urinate every 6 hrs or	Continue to measure output	<ul><li>tolerated</li><li>Continue to measure output</li></ul>	Tube feeding at goal, belus		■ My planned discharge date is:
	<ul><li>intermittent straight cath (ISC)</li><li>Stool/Constipation check - save</li></ul>	Urinate every 6 hrs or intermittent straight cath (ISC)	Patient should have bowel	<ul><li>Continue to measure output</li><li>Patient should have bowel</li></ul>		
	all urine & stool for RN	Stool/Constipation check -	<ul><li>movement</li><li>Stool/Constipation check -</li></ul>	movement		(Subject to changes by your physician)
	Begin stool softener  Hourly	save all urine & stool for RN <b>Hourly</b>	save all urine & stool for RN	Stool/Constipation check -		
	Flap Check (color, cap refill)	Flap Check (color, cap refill)	Every 2 hours	save all urine & stool for RN		How will you be getting home upon discharge?
	Doppler     Doppler	Doppler	<ul><li>Flap Check (color, cap refill)</li><li>Doppler</li></ul>	<ul><li>Every 2 hours</li><li>Flap Check (color, cap refill)</li></ul>		(List Name)
	<ul><li>Donor site</li><li>Graft Site</li></ul>	<ul><li>Donor site</li><li>Graft Site</li></ul>	Doppler     Donor site	Doppler		, ,
			Graft Site	<ul><li>Donor site</li><li>Graft Site</li></ul>		☐ Who will be helping you at home?
	Patient Family	Patient Family	Patient Family	Patient Family		(List Name(s))
	☐ Introduction to Pathway	☐ ☐Re-introduction to Pathway				Before leaving, confirm you:
ion	Fall Prevention education	Fall Prevention education	Fall Prevention education	☐ ☐Fall Prevention education		Understand your follow-up plan
cat	☐ ☐ Incentive Spirometer teaching	Reinforced Incentive Spirometer teaching	Reinforced Incentive Spirometer teaching	Reinforced Incentive Spirometer teaching		☐ Have and understand your discharge
np	☐ Signs & Symptoms of	☐ ☐Signs & Symptoms	Signs & Symptoms	Signs & Symptoms		paperwork
N E	wound infection Incision &/or wound care	of wound infection	of wound infection	of wound infection		Understand how to take all new
ami	education	☐ Incision &/or wound care education, if needed	Incision &/or wound care education, if needed	Incision &/or wound care education, if needed		medications and plan for pain control at
Fe	☐ ☐ Home Health Care Information Provided	Assisted Medication	Assisted Medication	Assisted Medication		home
anc	Observed Medication	Administration	Administration	Administration		☐ Pick up your medications, or know where
int 6	Administration	☐ ☐ Observed Tube Feedings	Observed Tube Feedings	Observed Tube Feedings		to get them from
atie	<ul><li>Observed Tube Feedings</li><li>Observed Suctioning</li></ul>	☐ ☐ Assisted Suctioning	Assisted Suctioning	Assisted Suctioning		☐ Ensure portable suction machine and other
Ğ	Observed Tracheostomy	Assisted Tracheostomy	Assisted Tracheostomy	Assisted Tracheostomy		medical equipment are present (you will
	Care	Care  Observed Incision Care	Care	Care  Observed Incision Care		be provided with a 3 day supply of needed supplies at discharge)
	Observed Incision Care	- Doscived incision care	Observed Incision Care	Dobserved inclision care		supplies at discharge)

## Patient Pathway for Head & Neck Free Flap Surgery To be filled our by patient and family

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## Beyond Day 7 Day 5 Day 6 Day 7 **Notes** Leg Pumps - wear at all times Leg Pumps - wear at all times Leg Pumps - wear at all times when in bed or chair when in bed or chair when in bed or chair Barriers to Discharge: Sit in Chair 3x/day Sit in Chair 3x/day Sit in Chair 3x/day Infection Incentive Spirometer 10x/hour Incentive Spirometer 10x/hour Incentive Spirometer 10x/hour every day while awake every day while awake every day while awake Insurance Walk in Hall at least 3x/day Walk in Hall at least 3x/day Walk in Hall at least 3x/day ■ Wound Monitoring Humidfied room air Humidfied room air Humidfied room air Suction every 4 hrs and as Suction every 4 hrs and as Ride Home Suction every 4 hrs and as needed needed needed Trach Care 3x/day Trach Care 3x/day Other: Trach Care 3x/day Pain meds via Feeding Tube Pain meds via Feeding Tube Pain meds via Feeding Tube Anti-nausea meds as needed Anti-nausea meds as needed Anti-nausea meds as needed Incision care 3x/day Incision care 3x/day Oral care 4-6x/day Incision care 3x/day Oral care 4-6x/day Strip drain & measure output Oral care 4-6x/day Strip drain & measure output Strip drain & measure output every 4hrs every 4hrs every 4hrs Remove drain per provider Remove drain per provider discretion Remove drain per provider discretion Saline lock IV discretion Tube feeding at goal Tube feeding at goal Tube feeding at goal Continue to measure output Continue to measure output Continue to measure output Stool/Constipation check - save Patient should have bowel Stool/Constipation check - save all urine & stool for RN movement all urine & stool for RN Reason for prolonged stay: Stool/Constipation check - save Return to OR Fistula all urine & stool for RN Hematoma Wound Infection Every 4 hours **Every 4 hours Every 4 hours** Flap Check (color, cap refill) Flap Check (color, cap refill) Flap Check (color, cap refill) Doppler Doppler Doppler Donor site Donor site Donor site **Graft Site** Graft Site **Graft Site** Patient Family Patient Family Patient Family Re-introduction to Pathway Re-introduction to Pathway Re-introduction to Pathway Fall Prevention education ☐ Fall Prevention education Fall Prevention education Reinforced Incentive Reinforced Incentive Reinforced Incentive Spirometer teaching Spirometer teaching Spirometer teaching Signs & Symptoms Signs & Symptoms ☐ Signs & Symptoms of wound infection of wound infection of wound infection Incision &/or wound Incision &/or wound Incision &/or wound care education, if needed care education, if needed care education, if needed Independent Medication Independent Medication Independent Medication Administration Administration Administration Independent Tube ☐ Independent Tube Feedings Assisted Tube Feedings Feedings **Assisted** Suctioning Assisted Suctioning Independent Suctioning **Independent** Tracheostomy Assisted Tracheostomy <u>Independent</u> Care Care Tracheostomy Care Assisted Incision Care Observed Incision Care Independent Incision Care