

Electrogastrogram (Chinese)

什么是胃电图? What is an Electrogastrogram?

测量胃部肌肉电流活动的测试。这种电流活动控制胃肌肉的收缩。

A test that measures the electrical activity moving through the stomach muscles. This electrical activity controls the stomach muscles' contractions.

我对胃电图该有什么期盼?

What can I expect from an Electrogastrogram?

1. 您将被要求面朝上躺在轮床上。
You will be asked to lie down face up on a gurney.
2. 在您的肚子上放置七个贴片。
Seven patches are placed on your stomach.
3. 您将被记录 15 分钟，以便我们获得您的基线测量值。
You will be recorded for 15 minutes so we can get your baseline measurements.
4. 您将喝代餐饮料（约 5 分钟）。
You will drink a meal replacement drink (approximately 5 minutes).
5. 最后 40 分钟将用于评估您的胃对代餐饮料的反应的电流活动。
The final 40 minutes will be used to evaluate your stomach's electrical activity in response to the meal replacement drink.

我该如何准备胃电图?

How do I prepare for an Electrogastrogram?

测试前 **7 天**: 7 days before the test:

- 不用阿片类药物 No opioid medications

测试前 **3 天**: 3 days before the test:

- 不用抗恶心药 No Nausea medication
- 不用抗痉挛药物 No Spasmodic medication

测试前 **8 小时**: 8 hours before the test:

- 不能口服任何东西 Nothing by mouth

我可以在做胃电图检查前服用自己的药物吗?

Can I take my medicine before an Electrogastrogram?

- **关键的药物，如治疗心脏、血压、呼吸或癫痫发作的药，应在检查当天早上喝少许水服用。** Take critical medicines, such as those for your heart, blood pressure, breathing, or seizures, with sips of water on the morning of the test.
- 除非您的医生或护士另有建议，否则**不应服用**非关键性药物，包括非处方药和保健品。

Do not take noncritical medicines, including over-the-counter medicines and supplements unless your doctor or nurse has advised you otherwise.

如果您无法赴约，请致电医疗程序单位 (734) 936-9250 或免费电话 (877) 758-2626。

If you are unable to keep your appointment, please call the Medical Procedures Unit at (734) 936-9250 or toll-free at (877) 758-2626.

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