



What is an Electrogastrogram?

A test that measures the electrical activity moving through the stomach muscles. This electrical activity controls the stomach muscles' contractions.

What can I expect from an Electrogastrogram?

1. You will be asked to lie down face up on a gurney.
2. Seven patches are placed on your stomach.
3. You will be recorded for 15 minutes so we can get your baseline measurements.
4. You will drink a meal replacement drink (approximately 5 minutes).
5. The final 40 minutes will be used to evaluate your stomach's electrical activity in response to the meal replacement drink.

How do I prepare for an Electrogastrogram?

7 days before the test:

- No opioid medications

3 days before the test:

- No Nausea medication
- No Spasmodic medication

8 hours before the test:

- Nothing by mouth

Can I take my medicine before an Electrogastrogram?

- Take critical medicines, such as those for your heart, blood pressure, breathing, or seizures, with sips of water on the morning of the test.

- **Do not take** noncritical medicines, including over-the-counter medicines and supplements unless your doctor or nurse has advised you otherwise.

If you are unable to keep your appointment, please call the Medical Procedures Unit at (734) 936-9250 or toll-free at (877) 758-2626.

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