

Bravo™ Capsule pH Monitoring: After Your Test

What is pH testing?

A **pH test** measures acidity in your esophagus. The test period usually lasts 96 hours (4 days). Information from the pH test helps your doctor diagnose gastroesophageal reflux disease (GERD) and plan your treatment.

What is the Bravo™ pH monitoring system?

The Bravo™ system is a way to test the pH in your esophagus without using a tube (**catheter**). During an **upper endoscopy (EGD)**, the doctor attaches a small pH capsule (about the size of a gel cap) to the wall of your esophagus. The capsule contains a radio transmitter that sends pH data to a portable receiver you wear on your waist. You will be able to go about your normal activities during the pH test.



What side effects should I expect after the test?

You may have a sore throat after the test. Over-the-counter throat lozenges (you can buy these from a store or pharmacy without a prescription) may help.

What happens to the pH capsule in my esophagus after the test?

The pH capsule will naturally fall off the wall of the esophagus and pass through your GI tract. You may see it in your stool (poop). We do not have to remove or retrieve it.

What can I eat after the test?

You may go back to eating your normal diet after the Bravo™ capsule is placed in your esophagus.

When can I start taking my normal medications after the test?

- Please wait to take any anti-reflux medications until you talk with your provider about your test results. When you start taking anti-reflux medications may change based on your test results.
- If you had to stop taking other medications before your test, you may start taking them again after you return your equipment and symptom diary to us. We will teach you about the equipment and symptom diary before your test.

Are there any other restrictions after the test?

Please wait at least 30 days from the day the Bravo™ capsule was placed to have an MRI. If you need an MRI before 30 days have passed, tell your doctor about the Bravo™ capsule. They may do an X-ray to make sure the capsule has passed.

When should I call the doctor?

Please call us if you develop any of these symptoms:

- Chest pain or shortness of breath
- Sudden abdominal (stomach) pain
- Fever (a temperature higher than 100.6° F)
- Nausea or vomiting
- Bleeding more than a few tablespoons of blood from your mouth or rectum, or bleeding that won't stop

What is the contact information?

- On Monday through Friday between 8:00 AM - 5:00 PM, please call our clinic at (734) 936-9250.
- During non-business hours (evenings, weekends, and holidays), please call (734) 936-6267 and ask to have the on-call gastroenterology (GI) fellow paged.

If you are unable to reach a doctor and your symptoms are not going away, go to the nearest emergency room (ER) and bring this document with you.

Who do I contact with equipment-related questions or concerns?

If you have questions or concerns about the testing equipment (such as recorder box alarms, error codes, or button help), call one of these numbers:

- If your equipment was placed at Brighton Center for Specialty Care: call **(810) 263-4400** on Monday through Friday between 7:00 AM - 3:30 PM and ask to speak with the member of the GI Physiology Lab.
- If your equipment was placed at University Hospital: call **(734) 936-5567** on Monday through Friday between 7:00 AM - 3:30 PM and ask to speak with a member of the GI Physiology Lab.
- During non-business hours (evenings, weekend, and holidays), please call **(734) 936-6267** and ask to have the GI Physiology Lab after hours pager **#34090** notified.

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