



UNIVERSITY OF MICHIGAN HOSPITALS AND HEALTH CENTERS Metabolism, Endocrinology & Diabetes (MEND) Adult Diabetes Education Program DIABETES BLOOD GLUCOSE LOG-2	Name: MRN: BIRTHDATE:
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Date	Breakfast		Lunch		Dinner		Bedtime		Comments
	Blood Sugar	Time/ Dose	Blood Sugar	Time/ Dose	Blood Sugar	Time/ Dose	Blood Sugar	Time/ Dose	