



Movantik® (Naloxegol)

Movantik® is a prescription medicine used to treat constipation caused by opioids. Opioids are strong pain medications that help adults with moderate to severe pain that is long-lasting or chronic. Opioids block pain signals in the brain and other parts of the central nervous system, by attaching to something called mu-receptors. When opioids attach to mu-receptors in the bowel, this can cause constipation. Movantik® prevents opioids from attaching to the mu-receptors in your bowel and this helps to prevent constipation.

Movantik® Dosage

Movantik® is available by prescription only. It is a tablet that comes in two doses: 12.5mg and 25mg daily. The usual dose is 25mg, if this is too much for you, you can ask your doctor to reduce it to 12.5mg.



How do I take Movantik®?

Take your Movantik® on an empty stomach, 1 hour before your first meal of the day or 2 hours after you have eaten. There are two ways to take the tablet:

- Swallow the tablet
- Crush and mix with 4 ounces of water and drink immediately. Then refill the glass with 4 ounces of water, stir, and drink.

Avoid grapefruit and grapefruit juice while taking Movantik. Your doctor will let you know how to take other laxatives.

What are the possible side effects?

The most common side effects of Movantik® are abdominal pain, diarrhea, nausea, gas, vomiting and headache. Do not take this medication if you have had a bowel obstruction.

When should I seek help?

Go to the nearest emergency room right away if you develop unusual or severe stomach area (abdominal) pain, especially if you also have bright red, bloody stools or black stools that look like tar.

How do I store Movantik®?

Store Movantik® at 68-77 degrees.

When do I discontinue Movantik®?

Stop taking Movantik® if you stop taking your opioid medication.

Is it covered by insurance?

Movantik® is not covered by some insurance programs. In some cases, a prior authorization can be sent to your insurance company for approval. Movantik® can also be expensive or have a large co-payment. There may be assistance available for you.

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