

# Botox Injections for Anal Fissure or Anal Pain

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## **Botox Injections**

Botulinum A toxin (Botox) injections are an effective treatment for pain from muscle spasm in many parts of the body. It is effective in treating acute and chronic Anal Fissure or Anal Pain. You should have some

relief in your pain after treatment with Botox. In about one half (50%) of patients the pain goes away completely. It usually takes about 1 to 2 weeks to start feeling relief. Maximum relief is generally seen around 4 weeks after injection and lasts for about three months, which is usually long enough allow for healing of acute and possibly chronic fissures.

**Anal fissure-** An anal fissure is a small tear in the thin, moist tissue (mucosa) that lines the anus. It can make having a bowel movement very painful.

## **How are Botox Injections given?**

- We usually give 4 or 5 injections, which provides a total of 80 to 100 IU of Botox. The doctor injects this small amount of liquid (1cc) into the anal sphincter. You will get a needle stick with each injection.
- The entire procedure takes about 30 minutes. The injection time usually takes less than 5 minutes.

## **Pre-procedure Instructions**

- Make arrangements for someone to drive you home after the procedure.
- Consider making arrangements for someone to help you out for a day or two after you leave the hospital.
- Do not eat or drink for six hours before the procedure.

## Possible side effects

- You may have a small amount of anal bleeding for up to 24 hours after the injection.
- You could have some mild flu-like symptoms (body aches, headaches) for 48 hours after the injection.
- About 5% of patients notice an increase in passing gas. These symptoms resolve over time.

## Post-procedure Instructions

- Continue with your bowel and biofeedback program.
  - Your doctor and nurse team will adjust you pain medications and bowel regimen according to your response.
- If you have additional questions about the side-effects of about how to care for yourself at home please call: 877-462-6935

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