

Read all the directions before operating any oxygen equipment. If you have any questions, please call your DME (Durable Medical Equipment) oxygen supplier.

### Backup Oxygen (M and H Cylinders)

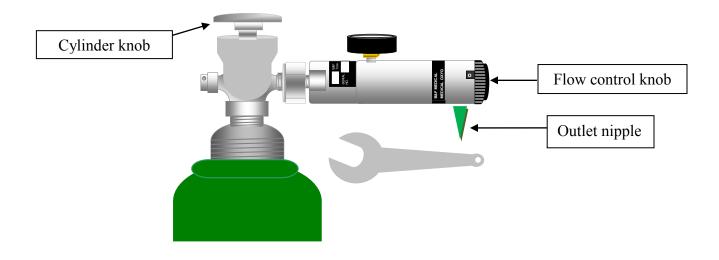
#### When do I use my backup oxygen cylinder?

• Only use the backup oxygen if you lose power or if the concentrator malfunctions.

#### How do I use my backup oxygen cylinder and regulator?

- The backup oxygen cylinder will be placed in your home by the DME
  - technician. A Do not move the cylinder after it is in your home. Contact your DME supplier if you need the oxygen cylinder moved.
  - 1. Turn the flow control knob to "0" to turn off the flow.
  - 2. Turn the cylinder knob left to start the oxygen flow
  - 3. Turn the flow control knob to the prescribed liter flow.
  - 4. Your backup oxygen is now ready to use.
  - 5. Disconnect the tubing from your concentrator and connect it to the regulator outlet nipple

- 6. To stop the oxygen flow, turn the cylinder knob right.
- 7. Turn the flow control knob to "0"



# Portable Oxygen (E, D, M6 Cylinders)

#### When do I use my portable oxygen cylinder?

• Use the portable oxygen cylinder when you leave your home.

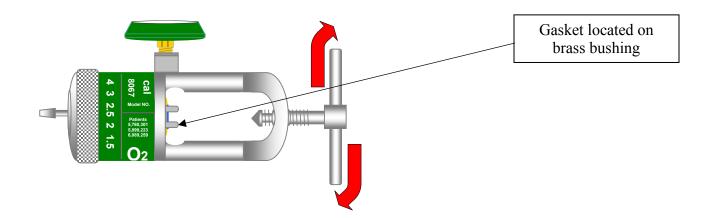
#### How do I use my portable oxygen cylinder and regulator?

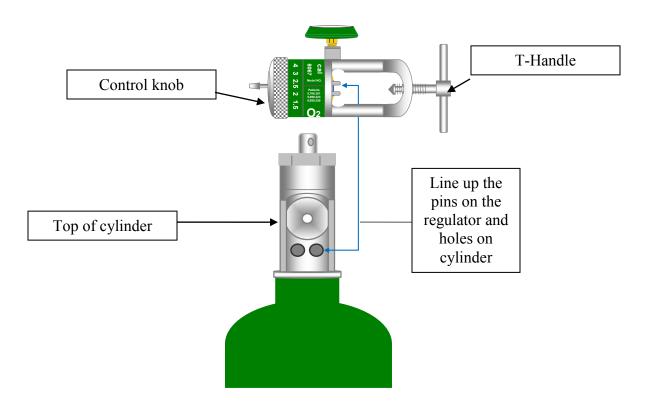
- 1. Make sure your hands, gloves and tools are free of oil, grease and dirt.
- 2. Secure the cylinder to the cart.
- 3. Remove the white tape from the top of the cylinder.
- 4. Before attaching the regulator to the cylinder valve, open the cylinder valve a little to blow out any dust or dirt.
- 5. Look at the cylinder valve opening and regulator inlet connection to make sure they are free of dirt. **A** Call your DME supplier if you see any damage or dirt. Do not use the equipment.
- 6. Turn the control knob on the regulator to "0" to turn off the flow.

- Look at the regulator to make sure there is a gasket and it is not cracked or damaged. Call your DME supplier if there the gasket is missing or damaged. Otherwise, go to step 8.
- 8. Place the regulator on the oxygen cylinder so the pins on the regulator and holes on the oxygen cylinder line up.
- 9. Tighten the T-handle by turning clockwise. A Tighten by hand only. Using a tool may cause damage.
- 10.Open the cylinder valve to check for an oxygen leak. If you hear a loud hissing noise, turn the tank off and check the gasket (see step 5 above).

### Call your DME supplier if the noise continues. Do not use the equipment.

- 11.Open the cylinder valve at least two full turns.
- 12.Your regulator is now ready to use.





### How do I clean my oxygen regulator?

- 1. Clean the regulator using a warm damp lint free cloth.
  - **Do not** use unapproved cleaning products. They may cause damage or equipment failure.

## **Oxygen Safety**

- Federal law requires a prescription for home oxygen.
- You must be trained before using home oxygen equipment.
- Carefully read the instructions before you install or remove the regulator.
- Remove all plastic bags, tape or visible dirt from the equipment.
- Many substances like Vaseline, petroleum based vapor rubs (for example, Vicks<sup>®</sup>), alcohol, oil, wax, grease, cloth, wood, and paint may catch fire and burn quickly around oxygen.
- If you have any questions or problems, call your DME supplier.
- Follow these warnings:

Home Care Services Oxygen Use and Safety

- ✓ **Do** post "**Oxygen in Use**" signs where oxygen is being stored, handled, or used.
- ✓ **Do** store cylinders in a dry, clean area away from sunlight.
- ✓ **Do** keep cylinder valves closed when not using your oxygen.
- ✓ **Do** wash and dry your hands before using your oxygen equipment.
- ✓ **Do** contact us right away if your equipment is not working or if you have questions.
- **Do not** use if you hear a loud hissing or popping noise coming from the equipment. Close the cylinder valve, and call your DME supplier.
- Do not allow smoking around oxygen (where it is stored, handled, or used).
- **Do not** use near any open flame or flammable/explosive substances.
- Do not store oxygen near heat or flames, or in your car trunk or garage.
- Do not allow cylinders to tip or fall. Keep cylinders upright whenever possible.
- **Do not** allow children to play with oxygen equipment.
- **Do not** put brackets or tape on the regulator.
- Do not stand in front of the oxygen outlet when opening the cylinder valve. The force of the oxygen can be strong.
- Do not use oxygen equipment if you see dirt, grease or other contaminants on or around it.
- Do not use oils, greases, lubricants or other combustible materials on or near your oxygen equipment.



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