



欢迎来到 MyUofMHealth 床边

Welcome to MyUofMHealth Bedside (Chinese)

在密西根大学健康中心住院期间，您可以使用有“MyUofMHealth 床边”应用程序的平板电脑。您可以使用 MyUofMHealth 床边查看您的健康信息，了解更多关于您的情况，并寻找娱乐。

During your stay at University of Michigan Health, you have access to a tablet with the “MyUofMHealth Bedside” application. You can use MyUofMHealth Bedside to see your health information, learn more about your condition, and find entertainment.

如果您需要这份美国手语的讲义：

用您的手机扫描此二维码，以美国手语查看此信息。您也可以直接在此处访问链接：

<https://youtu.be/c2POM7F-Ne8>

If you need this handout in American Sign Language:

Scan this QR code with your phone to see this information in American Sign Language. You can also access the link directly here: <https://youtu.be/c2POM7F-Ne8>



什么是 MyUofMHealth 床边？

What is MyUofMHealth Bedside?

MyUofMHealth Bedside 是一款应用程序，您可以藉者病房中的平板电脑来使用它。该应用程序有许多功能，可以让您在住院期间随时了解情况并参与其中。在应用程序中，您可以：

MyUofMHealth Bedside is an application you can access through the tablet in your

patient room. The application has many features to keep you informed and engaged during your hospital stay. Within the application, you can:

- 通过教育资源和视频了解更多有关您的诊断、药物和医院安全的信息

Learn more about your diagnosis, medications, and hospital safety with educational resources and videos

- 查看您的化验检测结果和生命体征

Review your lab test results and vital signs

- 查看您即将到来的测试、医疗程序和治疗计划

See your upcoming schedule of tests, procedures, and therapies

- 在您住院期间查看您的医疗提供者撰写的记录，并添加您自己的笔记以保持对重要信息的了解

View notes written by your providers during your stay, and add your own notes to keep track of important information

- 查看您护理团队中的医生、护士和其他提供者

See the doctors, nurses, and other providers on your care team

- 回答问题，以帮助您的护理团队提供更个人化的护理

Answer questions to help your care team give more personalized care

- 查看医院菜单，根据您的饮食需求来定制

See the hospital menu, customized for your dietary needs

- 玩游戏，听音乐，上网

Play games, listen to music, and access the internet

如何激活 MyUofMHealth 床边服务?

How do I activate MyUofMHealth Bedside?

如果您有兴趣在住院期间使用 MyUofMHealth 床边，您可以让护士为您激活平板电脑。平板电脑激活后，系统会提示您查看和接受条款而且您可以选择设置个人识别码 (PIN)。

If you are interested in using MyUofMHealth Bedside during your stay, you can ask your nurse to activate the tablet for you. After the tablet is activated, you will be prompted to review and accept the Terms & Conditions and you will have the option to set a Personal Identification Number (PIN).

我如何在 MyUofMHealth 床边确保信息安全?

How can I keep my information secure in MyUofMHealth Bedside?

MyUofMHealth 床边应用程序已停用, 当您:

- 出院
- 去手术室或手术室进行手术
- 被转移到另一个病房

这可确保您的受保护健康信息保持私密。您可以采取这些额外步骤来确保您的信息安全:

- 为 MyUofMHealth Bedside 应用程序设置可选的四位数 PIN。
- 当您出院或转移到另一个病房时，“退出” iPad。这将从您在平板电脑上使用的任何其他应用程序中清除您的个人数据。

The MyUofMHealth Bedside application is deactivated when you:

- Are discharged from the hospital
- Go to the operating room or procedure room for surgery
- Are transferred to another hospital room

This ensures that your protected health information is kept private. You can take these additional steps to keep your information secure:

- Set an optional four-digit PIN for the MyUofMHealth Bedside application.

- “Sign Out” of the iPad when you are discharged from the hospital or transferred to another hospital room. This will clear your personal data from any other applications you may have used on the tablet.

如果您对 MyUofMHealth 床边有其他问题，请向您的护理团队成员寻求帮助。

If you have other questions about MyUofMHealth Bedside, please ask a member of your care team for help.

如何在此 iPad 上启用其他辅助功能?

访问 Apple iPad 用户指南: <https://tinyurl.com/5n7nwydv>

How do I enable additional accessibility features on this iPad?

Visit the Apple iPad User Guide at: <https://tinyurl.com/5n7nwydv>

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