

Birth Control Implant Placement After Delivery: Discharge Instructions

You had a Nexplanon contraceptive (birth control) implant placed after delivery. The implant is a flexible, plastic rod about the size of a matchstick that is inserted just under the skin in the upper arm.

What are the potential complications of Nexplanon?

Rarely, women may have complications after placement of Nexplanon, including mild pain at the site or bruising. Unpredictable vaginal bleeding may occur. If you experience any of the following, please call us:

- Infection
- Fever greater than 100.4°
- Chills
- Or heavy vaginal bleeding

Is the implant safe while breastfeeding?

Current evidence suggests that Nexplanon is safe for breastfeeding moms. If you have any concerns about breastfeeding challenges, please contact our lactation experts.

How long will my implant last?

Your Nexplanon will provide birth control for at least 3 years.

Remember, you can have your Nexplanon removed at any time. If you have questions about access to removal, or any concerns about out of pocket costs for this service, please contact your clinic. Please contact us with any questions or concerns or to schedule an appointment.

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